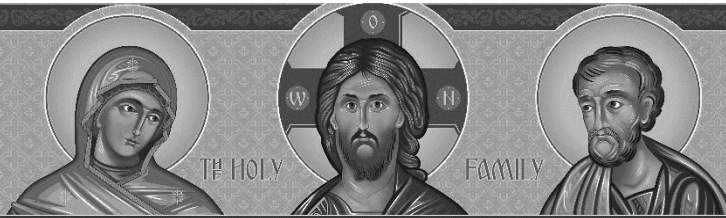


Holy  
Family



Catholic  
Parish

## 4<sup>th</sup> SUNDAY OF ADVENT – YEAR C – 22<sup>nd</sup> of DECEMBER 2024

### FIRST READING : Micah 5:1-4

The Lord says this: But you, Bethlehem Ephrathah, the least of the clans of Judah, out of you will be born for me the one who is to rule over Israel; his origin goes back to the distant past, to the days of old. The Lord is therefore going to abandon them till the time when she who is to give birth gives birth. Then the remnant of his brothers will come back to the sons of Israel. He will stand and feed his flock with the power of the Lord, with the majesty of the name of his God. They will live secure, for from then on he will extend his power to the ends of the land. He himself will be peace.

### RESPONSORIAL PSALM : Psalm 79(80):2-3,15-16,18-19



℟ Lord, make us turn to you. Let us see your face and we shall be saved.

*O Shepherd of Israel hear us, shine forth from your cherubim throne, O Lord, rouse up your might, O Lord, come to our help. ℟*

*God of hosts, turn again, we implore, Look down from heaven and see, visit this vine and protect it, the vine your right hand has planted. ℟*

*May your hand be on the man you have chosen, the man you have given your strength, and we shall never forsake you again, give us life that we may call upon your name. ℟*

### SECOND READING : Hebrews 10:5-10

This is what Christ said, on coming into the world: *You who wanted no sacrifice or oblation, prepared a body for me. You took no pleasure in holocausts or sacrifices for sin; then I said, just as I was commanded in the scroll of the book, 'God, here I am! I am coming to obey your will.'* Notice that he says first: *You did not want what the Law lays down as the things to be offered, that is: the sacrifices, the oblations, the holocausts and the sacrifices for sin, and you took no pleasure in them; and then he says: Here I am! I am coming to obey your will.* He is abolishing the first sort to replace it with the second. And this will was for us to be made holy by the offering of his body made once and for all by Jesus Christ.

### GOSPEL : Luke 1:39-45

Mary set out and went as quickly as she could to a town in the hill country of Judah. She went into Zechariah's house and greeted Elizabeth. Now as soon as Elizabeth heard Mary's greeting, the child leapt in her womb and Elizabeth was filled with the Holy Spirit. She gave a loud cry and said, 'Of all women you are the most blessed, and blessed is the fruit of your womb. Why should I be honoured with a visit from the mother of my Lord? For the moment your greeting reached my ears, the child in my womb leapt for joy. Yes, blessed is she who believed that the promise made her by the Lord would be fulfilled.'

### FAMILY PRAYERS FOR ADVENT WREATH

#### What to do?

1. Begin with the Sign of the Cross
2. Light Candle
3. Say Antiphon of the Day
4. Say the Advent Prayer of that week
5. say Gospel of the Week
6. Finish with Grace before Meals.

**4th Week Prayer:** Stir up your might, we pray You O Lord, and come; rescue us through Your great strength so that salvation, which has been hindered by our sins, may be hastened by the grace of Your gentle mercy. Who lives and reigns forever and ever. Amen.

#### 4th Week Gospel: Luke 1:39-45

*"Blessed are you who believed that what was spoken to you by the Lord would be fulfilled."*



### Fourth Candle and Week 3 of Advent

**Monday:** "O Wisdom, you come forth from the mouth of the Most High. You fill the universe and hold all things together in a strong yet gentle manner. O come to teach us the way of truth."

**Tuesday:** "O Adonai and leader of Israel, you appeared to Moses in a burning bush and you gave him the Law on Sinai. O come and save us with your mighty power."

**Wednesday:** "O stock of Jesse, you stand as a signal for the nations; kings fall silent before you whom the peoples acclaim. O come to deliver us, and do not delay."

**Thursday:** "O key of David and sceptre of Israel, what you open no one else can close again; what you close no one can open. O come to lead the captive from prison; free those who sit in darkness and in the shadow of death."

**Friday:** "O Rising Sun, you are the splendour of eternal light and the sun of justice. O come and enlighten those who sit in darkness and in the shadow of death."

**Saturday:** "O King whom all the people's desire, you are the cornerstone which makes all one. O come and save man whom you made from clay."

**Sunday:** "O Emmanuel, you are our king and judge, the One whom the peoples await and their Saviour. O come and save us, Lord, our God."

**PROCESSIONAL HYMN:**

O Come, O come, Emmanuel  
Redeem thy captive Israel,  
That doth in exile homeless mourn  
Until her Saviour Christ be born.

*Rejoice, rejoice! Emmanuel.  
Shall come to thee, O Israel.*

O come thou day star seen on high  
with healing for our hearts draw  
nigh:  
Do thou the mists of night dispel and  
death's forboding darkness quell.

O come of Gentile hearts, the King.  
A world that needs thee ransoming  
And save thy Servants who confess  
with humbled hearts their  
faithlessness.

**OFFERTORY HYMN:**

*Hail Mary, full of grace, \*  
The Lord is with thee.  
Blessed art thou amongst wo-men, and  
blessed is the fruit of thy womb.*

*But Mary said to the angel, \*  
"How can this be, since I have no relations  
with a man?"*

*And the angel said to her in reply, †  
"The holy Spirit will come upon you, \*  
And the power of the Most High will  
overshadow you.  
Therefore the child to be born will be  
called holy, the son of God.*

*And behold, Elizabeth, your relative, \*  
Has also conceived a son in her old age,  
And this is the sixth month for her who  
was called barren; \* for nothing will be  
impossible for God."*

*Mary said, "Behold, I am the handmaid of  
the Lord. \*  
May it be done to me according to your  
word."*

**COMMUNION HYMN:**

O Bread of Heaven, beneath this veil  
Thou dost my very God conceal;  
My Jesus dearest treasure, hail!  
I love Thee and adoring kneel:  
Each loving soul by Thee is fed  
With Thy Own Self in form of Bread.

O Food of life, Thou Who dost give  
The pledge of immortality;  
I live; no, 'tis not I that live,  
God gives me life, God lives in me:  
He feeds my soul, He guides my ways  
And every grief with joy repays.

O Bond of Love, that dost unite  
The servant to his Loving Lord;  
Could I dare live and not requite  
Such love, then death were meet reward;  
I cannot live, unless to prove  
Some love for such unmeasured Love.

Beloved Lord in Heaven above  
There Jesus Thou awaitest me,  
To gaze on Thee with endless love,  
Yes thus I hope Thus it shall be.  
For how can He deny me Heav'n,  
Who here on earth Himself hath giv'n?

Let all mortal flesh keep silence,  
And with fear and trembling stand;  
Ponder nothing earthly minded,  
For with blessing in His hand,  
Christ our God to earth descendeth,  
Our full homage to demand.

King of kings, yet born of Mary,  
As of old on earth He stood,  
Lord of lords, in human vesture,  
In the body and the blood;  
He will give to all the faithful  
His own self for heavenly food.

Rank on rank the host of heaven  
Spreads its vanguard on the way,  
As the Light of light descendeth  
From the realms of endless day,  
That the powers of hell may vanish  
As the darkness clears away.

At His feet the six winged Seraph,  
Cherubim with sleepless eyes.  
Veil their faces to the presence,  
and with ceaseless voice they cry:  
"Alleluia, Alleluia, Alleluia  
Lord, most High.

**RECESSIONAL HYMN:**

O come, divine Messiah!  
The world in silence waits the day  
When hope shall sing its triumph,  
And sadness flee away.

*Sweet Saviour, haste;  
Come, come to earth, dispel the night  
And show thy face,  
And bid us hail the dawn of grace.  
O come, divine Messiah!  
The world in silence waits the day  
when hope shall sing its triumph,  
And sadness flee away.*

O thou, whom nations sighed for, whom  
priests and prophets  
Long foretold,  
Wilt break the captive fetters,  
Redeem the longlost fold.  
Shalt come in peace and meekness,  
And lowly will thy cradle be;  
All clothed in human weakness  
Shall we thy Godhead see.

**Changes to our Mass times from  
Thursday, December 26, to  
Monday, January 13, 2025, are  
posted on the glass doors in the  
foyer and on the noticeboards.**

**Church Carpark** – Please do not park on the  
grass or the driveway at the front of the  
Church. There is plenty of parking behind  
the Church. PLEASE do not block access to  
the parking behind the hall.

**NEXT SUNDAY:  
29<sup>th</sup> December 2024  
Holy Family (Yr C)**

*1 Sam 1:20-22, 24-28; 1 Jn 3:1-2, 21-24;  
Lk 2:41-52;*

**LITURGY ROSTER  
Night Mass –**

**24<sup>th</sup> December 2024**

**Readers:** L. Ahio, E. O'Brien  
**Prayers of the Faithful:** C. Tagiilima  
**Offertory:** Tovio Family  
**Special Ministers:** P. Capundag

**Christmas Day Mass –  
25<sup>th</sup> December 2024**

**Readers:** R. Cardoza, M. D'Souza  
**Prayers of the Faithful:** S. Shaw  
**Offertory:** Richmond Family  
**Special Ministers:** F. Ulugia

**Holy Family –  
29<sup>th</sup> December 2024**

**Readers:** M. D'Souza, J. Brodie  
**Prayers of the Faithful:** E. Shaw  
**Offertory:** N & V Fakava  
**Special Ministers:** P. Capundag

**CHURCH CLEANING ROSTER**

*On a break till 1<sup>st</sup> Feb 2025  
Please keep the Church tidy.*

**SUNDAY CUP OF TEA ROSTER**

*On a break till 26<sup>th</sup> Jan 2024*

**ANNIVERSARIES THIS WEEK**

**22 Dec:** Ante Katavich  
**23 Dec:** Michelle Bryan, Michael Atkinson,  
Margaret Finn  
**24 Dec:** Freeth Herbert, Margaret  
Bartocci  
**25 Dec:** Gloria Petica  
**26 Dec:** Derek Nicholson

**PARISH FINANCES**

**Parish** \$2,208.60  
**Priests** \$1,104.30  
**Total Cash and AP's** \$3,312.90

**Holy Family Notices**

**Please note:** The Parish Office will be  
closed until January 21st.

Fr Jeremy will be away at Hearts  
Aflame from the 6<sup>th</sup> Jan to 11<sup>th</sup> Jan.  
*If you have an emergency and need a  
Priest, please contact Holy Cross Parish,  
Henderson on 09 835 3355 or St Paul's  
Parish Massey on on 09 833 7420.*

**Just a reminder:** Parish activities that  
take a break during January.

**Sunday Cup of Tea** – starts 26<sup>th</sup> Jan  
**Rosary for Life** – starts 26<sup>th</sup> Jan  
**Parish Newsletter** – starts 26<sup>th</sup> Jan  
**Church Cleaners** – start 1<sup>st</sup> Feb  
**Catechism Classes** – starts 2<sup>nd</sup> Feb  
**24hr Adoration** – starts 7<sup>th</sup> Feb  
**Adult Formation Classes** - starts Feb  
**Hall Bookings** – starts Feb