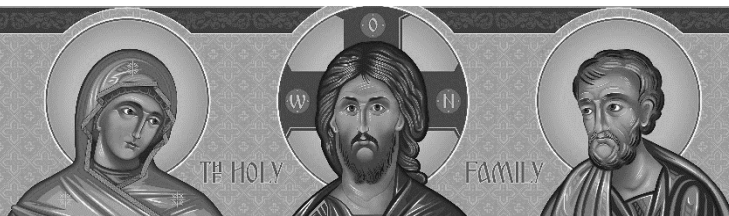


*Holy  
Family*



*Catholic  
Parish*

## 18<sup>th</sup> SUNDAY IN ORDINARY TIME – YEAR B – 4<sup>th</sup> AUGUST 2024

### FIRST READING : Exodus 16:2-4,12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.

'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That,' said Moses to them, 'is the bread the Lord gives you to eat.'

### RESPONSORIAL PSALM : Psalm 77(78):3-4,23-25,54

*℟ The Lord gave them bread from heaven.*

*The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might. ℟*

*He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. ℟*

*Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won. ℟*

### SECOND READING : Ephesians 4:17,20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

### GOSPEL : John 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: *He gave them bread from heaven to eat.*' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

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**The Holy Sacrament of Confirmation will be conferred on our children by Bishop Stephen on Sunday, August 11.**

Please come along to the 9:30 Mass and the celebration in the Hall to support our children.

It's important that the community celebrate this Sacrament in a strong way.

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Dear friends, may no adversity paralyze you. Be afraid neither of the world, nor of the future, nor of your weakness. The Lord has allowed you to live in this moment of history so that, by your faith, his name will continue to resound throughout the world.

- Pope Benedict XVI -

**PROCESSIONAL HYMN:**

Gather, Lord, Your people,  
called to be Your Bride,  
formed by Blood and Water  
flowing from Your side,  
joined with You in baptism,  
washed to give rebirth,  
she filled with Your Spirit,  
shall renew the earth.

You the one true Shepherd,  
searching for the lost,  
You the Lamb of offering,  
counting not the cost,  
You have called each one by name,  
each Your precious choice,  
May we enter by Your gate,  
listening to your voice.

At Your mother's pleading,  
You gave finest wine,  
Now Your Church implores You,  
Jesus fruitful vine.  
Heed the thirsting of her heart,  
and bring forth a flood,  
Open wide the fountain  
of Your Precious Blood.

Send Your Holy Spirit,  
by that Blood outpoured,  
making us one Body,  
Temple of the Lord.  
With Your sev'n fold gifts descend,  
font of Charity, that we may cry  
"Abba", and true children be.

**OFFERTORY HYMN:**

No more, Lord, may we walk apart,  
Restore me Jesus to your embrace,  
make Your tabernacle my heart,  
and deep within me Your dwelling  
place. Then will my love become true,  
and my heart burn with the purest  
flame, for I would live not for me but  
You, and glorify the Father's name, For  
I would live not for me but You, and  
glorify the Father's name.

Contented to be with my Lord,  
my Saviour who gave His life for me, O  
that all creation adored in holiness and  
humility. This age has many messiahs,  
all the while seeking to fill its need, but  
I have found what my soul desires, the  
Bread of Life does truly feed. But I have  
found what my soul desires, the bread  
of life does truly feed.

Your cross, O Christ has set us free,  
has shown to sinners a loving face.  
The pow'r of sin can no more be,  
if all but welcome this healing grace.  
Faced now with death and with hate,  
may I love even the sinners worst, that  
through my love they may contemplate  
You who alone will quench their thirst,  
that through my love they may  
contemplate You who alone will  
quench their thirst.

Verily, verily, I say unto you: except  
ye eat the flesh of the Son of man,  
and drink his blood,  
ye have no life in you.  
Who so eateth my flesh, and drinketh  
my blood, hath eternal life;  
and I will raise him up at the last day,  
and I will raise him up at the last day.  
For my flesh is meat indeed,  
and my blood is drink indeed.  
He that eateth my flesh, and drinketh  
My blood, dwelleth in me, and I in him.

**COMMUNION HYMN:**

O Bread of Heaven, beneath this veil  
Thou dost my very God conceal;  
My Jesus dearest treasure, hail!  
I love Thee and adoring kneel:  
Each loving soul by Thee is fed  
With Thy Own Self in form of Bread.

O Food of life Thou Who dost give  
The pledge of immortality;  
I live; no, 'tis not I that live,  
God gives me life, God lives in me:  
He feeds my soul, He guides my ways  
And every grief with joy repays.

O Bond of Love, that dost unite  
The servant to his Loving Lord;  
Could I dare live and not requite  
Such love, then death  
were meet reward:  
I cannot live, unless to prove,  
Some love for such unmeasured Love.

Beloved Lord in Heaven above  
There Jesus Thou awaitest me,  
To gaze on Thee with endless love,  
Yes thus I hope Thus it shall be.  
For how can He deny me Heaven,  
Who here on earth Himself hath given?

**RECESSIONAL HYMN:**

Immaculate Mary!  
Our hearts are on fire;  
that title so wondrous  
Fills all our desire!  
*Ave, Ave, Ave, Maria!*  
*Ave, Ave, Ave, Maria!*

We pray for God's glory,  
May His kingdom come;  
We pray for His Vicar,  
Our Father in Rome.  
*Ave, Ave, Ave, Maria!*  
*Ave, Ave, Ave, Maria!*

We pray for our Mother,  
The Church upon earth,  
And bless, sweetest Lady,  
The land of our birth.  
*Ave, Ave, Ave, Maria!*  
*Ave, Ave, Ave, Maria!*

**NEXT SUNDAY:**

**11<sup>th</sup> August 2024**

**19<sup>th</sup> Sunday in Ordinary Time (Yr B)**

*1 Kg 19:4-8; Eph 4:30 - 5:2; Jn 6:41 -51;*

**LITURGY ROSTER**

**Readers:** E. Shaw, S. Shaw  
**Prayers of the Faithful:** G. Lao  
**Offertory:** Richmond Family  
**Special Ministers:** P. Capundag

**CHURCH CLEANING**

*Tagiilima Family*

**SUNDAY CUP OF TEA ROSTER**

*Confirmation Families*

**ANNIVERSARIES THIS WEEK**

**4 Aug:** *Alisa Urlich, David McMeekin,  
Anthony van Leeuwen*  
**8 Aug:** *Graeme Clifton, Louis Boersma,  
Stefan Bulog*  
**9 Aug:** *Iris Whyte, Christina Matthews,  
Mary Dunford, Wendy Poland*

**PARISH FINANCES**

**Parish** \$2,532.33  
**Priests** \$1,266.17  
**Total APs and Cash** \$3,798.50

**HOLY FAMILY PARISH NOTICES**

**SACRAMENT OF CONFIRMATION**

*Please keep in your prayers this week*

**Maria Therese Capundag**

**Regina Decena**

**Isabel Hagemeister**

**Gabriel Higuita Zapata**

**Annabelle Jen**

**Zach Leite**

**Isabelle Light**

**Annlia Lijo**

**Summer - Rose Musson**

**Joseph Richmond**

**Olivia Spemann**

who are preparing for the

**Sacrament of Confirmation**

on **Sunday 11<sup>th</sup> August**

at the 9:30am Mass

**Confirmation Morning Tea**

Join us on

**Sunday 11<sup>th</sup> August**

**after the 9:30am Mass**

to celebrate with the Confirmation  
candidates and their families.

**Please bring a plate to share.**

Can't wait to see you there!

**DIOCESAN NOTICES:**

**Footsteps of Pompallier Pilgrimage**

26-29 October 2024 - Hokianga, Walk  
100km over four days, Meals and  
Accommodation included - Visit fopp.nz

**Church Carpark** - Please do not park on  
the grass or the driveway at the front of  
the Church. There is plenty of parking  
behind the Church. PLEASE do not block  
access to the parking behind the hall.