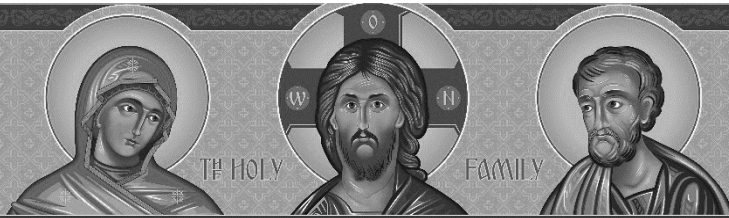


*Holy  
Family*



*Catholic  
Parish*

## 5th Sunday in Ordinary Time

YEAR B

4<sup>th</sup> February 2024

### FIRST READING : Job 7:1-4,6-7

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.

### RESPONSORIAL PSALM : Psalm 146(147):1-6

℟ Praise the \_\_\_\_\_ Lord, who heals the bro – ken – hear – ted.

*Praise the Lord for he is good; sing to our God for he is loving: to him our praise is due. ℟*

*The Lord builds up Jerusalem and brings back Israel's exiles he heals the broken hearted, he binds up all their wounds He fixes the number of the stars; he calls each one by its name. ℟*

*Our Lord is great and almighty; his wisdom can never be measured. The Lord raises the lowly; he humbles the wicked to the dust. ℟*

### SECOND READING : 1 Corinthians 9:16-19,22-23

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me. So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak: I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

### GOSPEL : Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

**YOU ARE REWARDED NOT ACCORDING TO  
YOUR WORK OR YOUR TIME BUT  
ACCORDING TO THE MEASURE OF YOUR  
LOVE.**

**- CATHERINE OF SIENA -**

***Don't forget Catechism Classes,  
Morning Tea and Fellowship in the Parish Hall, after every Sunday Mass.***

**PROCESSIONAL HYMN:**

We gather to worship God,  
in truth and in spirit,  
We gather to be made holy,  
to build up the Body of Christ  
United in Jesus  
that God might be all in all.

We gather to know His Word,  
be fed by His Body,  
We gather to make thanksgiving  
by offering the Spotless Lamb,  
And offering ourselves  
that God might be all in all.

O Sacrifice of the Cross,  
extended through the ages,  
A memorial for Your spouse  
of your death and resurrection,  
Our gift to the Father  
that God might be all in all.

O Banquet where Christ is consumed,  
O Sacrament of love,  
O Bond of purest charity,  
O sign of perfect unity,  
O pledge of the glory  
when God will be all in all

**OFFERTORY HYMN:**

Praise, my soul, the King of heaven;  
to his feet thy tribute bring;  
ransomed, healed, restored, forgiven,  
evermore his praises sing:  
Alleluia, alleluia,  
Praise the everlasting King.

Praise him for his grace and favour  
to our fathers in distress;  
praise him still the same forever,  
slow to chide and swift to bless:  
Alleluia, alleluia,  
Glorious in his faithfulness.

Father like, he tends and spares us;  
well our feeble frame he knows;  
in his hand he gently bears us,  
rescues us from all our foes.  
Alleluia, alleluia,  
Widely yet his mercy flows.

Angels, help us to adore him;  
ye behold him face to face;  
sun and moon bow down before him,  
dwellers all in time and space.  
Alleluia, alleluia,  
Praise with us the God of grace.

**COMMUNION HYMN:**

*O Beauty ever ancient, and yet so new,  
How I hunger  
and thirst now I have tasted You,  
You were deep within me all the while  
that I remained apart,  
Now my soul will be restless, until it  
rests in Your heart.*

No more, Lord, may we walk apart,  
Restore me Jesus to your embrace,  
make Your tabernacle my heart,  
and deep within me Your dwelling place.  
Then will my love become true, and my  
heart burn with the purest flame, for I  
would live not for me but You, and  
glorify the Father's name, For I would  
live not for me but You, and glorify the  
Father's name.

Contented to be with my Lord,  
my Saviour who gave His life for me, O  
that all creation adored in holiness and  
humility. This age has many messiahs,  
all the while seeking to fill its need, but I  
have found what my soul desires, the  
Bread of Life does truly feed. But I have  
found what my soul desires, the bread of  
life does truly feed.

Your cross, O Christ has set us free,  
has shown to sinners a loving face.  
The pow'r of sin can no more be,  
if all but welcome this healing grace.  
Faced now with death and with hate,  
may I love even the sinners worst,  
that through my love they may  
contemplate You who alone will quench  
their thirst that through my love they  
may contemplate You who alone will  
quench their thirst.

**RECESSIONAL HYMN:**

Cause of our delight,  
O Splendour of our race,  
Hail! Full of grace, radiant in light,  
Holy Mary, shine in our night.

Heaven, hear, rejoice,  
your Queenship to acclaim  
and praise your name,  
by God's own choice  
Holy Mary, be thou, our voice.

Flower like the rose,  
e'en in the midst of thorn,  
all those who mourn,  
deep your heart knows,  
Holy Mary, comfort bestow.

Brightest Dawn, you shine,  
the sun completes your vest,  
O Mother blest of the divine,  
Holy Mary, give us new wine.

Cause of our delight,  
O Splendour of our race,  
Hail! full of grace, radiant in light,  
Holy Mary, shine in our night.

**Ash Wednesday****14<sup>th</sup> February**

9am and 7pm

*Don't forget to drop your old palms  
at the office on Tues, Thurs, Fri  
before 13<sup>th</sup> February.*

**NEXT SUNDAY:****11<sup>th</sup> February 2024****6<sup>th</sup> Sunday in Ordinary Time***Lev 13:1-2, 44-46; 1 Cor 10:31 – 11:1;**Mk 1:40 -45;***LITURGY ROSTER**

**Readers:** C. Tagillima, R. Cardoza  
**Prayers of the Faithful:** B. Molloy  
**Offertory:** Cardoza Family  
**Special Ministers:** P. Capundag

**CHURCH CLEANING ROSTER**

Thotawattage Family

**SUNDAY CUP OF TEA ROSTER**

Tongan Community

**ANNIVERSARIES THIS WEEK****4 Feb:** Lillian Sargent**6 Feb:** Silau Lamusitele**9 Feb:** Angela Niumata**10 Feb:** Janette Barker, Beverley Sharpe,  
Richard Culas**PARISH FINANCES**

<b>Parish</b>	\$2,451.20
<b>Priests</b>	\$1,225.60
<b>Total Cash and AP's</b>	\$3,676.80

**HOLY FAMILY PARISH NOTICES****Sacramental Programme – 1<sup>st</sup>**

**Reconciliation:** Just a reminder our Parish Sacramental Programme starts on Saturday 24<sup>th</sup> February and close 3<sup>rd</sup> March. *Please note: that if you would like your child or children to receive – Confirmation and 1<sup>st</sup> Holy Communion this year – they will need to receive preparation for this sacrament first.* Please see Ellen or email – your child's name (age) and your contact details to [hfp parish@xtra.co.nz](mailto:hfp parish@xtra.co.nz)

**St Joseph's Mens Group:** 1st Gathering for 2024 – Hike the Kitekite Falls Track, more details to come soon.

**DIOCESAN NOTICES**

**FLI – 40 Days for Life:** This Lent change hearts and minds by publicly witnessing to the dignity of every human person from conception, and by praying for an end to abortion.

\* Ash Wednesday (14 February) –

Palm Sunday (24 March)

\* Monday to Saturday – 7am to 1pm

\* Corner of Dominion Rd &amp;

Prospect Terrace Mt Eden (near AMAC)

Sign up for your hour at:

[FLI.org.nz/prolifeevents](http://FLI.org.nz/prolifeevents).

For more information contact

Simon – 021400729 or [simon@fli.org.nz](mailto:simon@fli.org.nz)

**Church Carpark** – just a reminder that we have plenty of parking behind the Church and Hall. **Please do not park on the grass in front of the Church.**