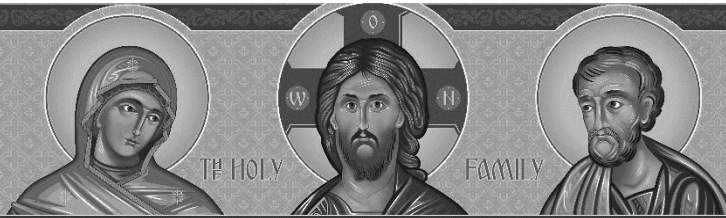


*Holy
Family*



*Catholic
Parish*

1st Sunday of Advent

YEAR B

3rd December 2023

FIRST READING : Isaiah 63:16-17,64:1,3-8

You, Lord, yourself are our Father, 'Our Redeemer' is your ancient name. Why, Lord, leave us to stray from your ways and harden our hearts against fearing you? Return, for the sake of your servants, the tribes of your inheritance. Oh, that you would tear the heavens open and come down! – at your Presence the mountains would melt. No ear has heard, no eye has seen any god but you act like this for those who trust him. You guide those who act with integrity and keep your ways in mind. You were angry when we were sinners; we had long been rebels against you. We were all like men unclean, all that integrity of ours like filthy clothing. We have all withered like leaves and our sins blew us away like the wind. No one invoked your name or roused himself to catch hold of you. For you hid your face from us and gave us up to the power of our sins. And yet, Lord, you are our Father; we the clay, you the potter, we are all the work of your hand.

RESPONSORIAL PSALM : Psalm 79(80):2-3,15-16,18-19



℟ Lord, make us turn to you. Let us see your face, and we shall be saved.

O Shepherd of Israel hear us, shine forth from your cherubim throne, O Lord, rouse up your might, O Lord, come to our help.
℟

God of hosts, turn again, we implore, Look down from heaven and see, visit this vine and protect it, the vine your right hand has planted. ℟

May your hand be on the man you have chosen, the man you have given your strength, and we shall never forsake you again, give us life that we may call upon your name. ℟

SECOND READING : 1 Corinthians 1:3-9

May God our Father and the Lord Jesus Christ send you grace and peace. I never stop thanking God for all the graces you have received through Jesus Christ. I thank him that you have been enriched in so many ways, especially in your teachers and preachers; the witness to Christ has indeed been strong among you so that you will not be without any of the gifts of the Spirit while you are waiting for our Lord Jesus Christ to be revealed; and he will keep you steady and without blame until the last day, the day of our Lord Jesus Christ, because God by calling you has joined you to his Son, Jesus Christ; and God is faithful.

GOSPEL : Mark 13:33-37

Jesus said to his disciples: 'Be on your guard, stay awake, because you never know when the time will come. It is like a man travelling abroad: he has gone from home, and left his servants in charge, each with his own task; and he has told the doorkeeper to stay awake. So stay awake, because you do not know when the master of the house is coming, evening, midnight, cockcrow, dawn; if he comes unexpectedly, he must not find you asleep. And what I say to you I say to all: Stay awake!'

CATECHISM OF THE CATHOLIC CHURCH, #524

"When the Church celebrates the liturgy of Advent each year, she makes present this ancient expectancy of the Messiah, for by sharing in the long preparation for the Savior's first coming, the faithful renew their ardent desire for his second coming. By celebrating the precursor's birth and martyrdom, the Church unites herself to his desire: "He must increase, but I must decrease."



Morning Tea and Fellowship in the Parish Hall, after every Sunday Mass.

FAMILY PRAYERS FOR ADVENT WREATH

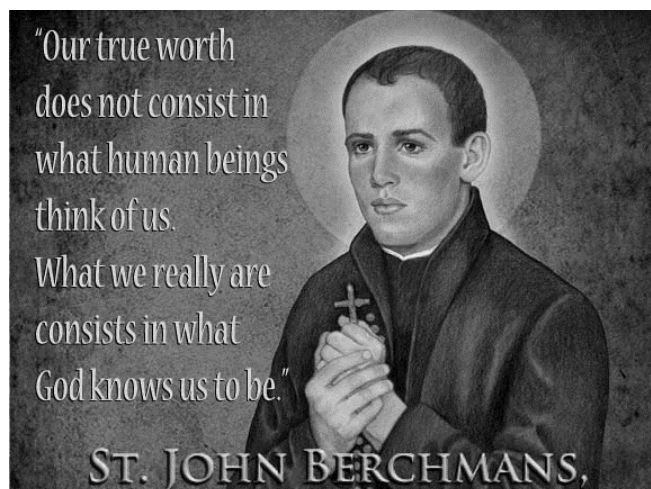
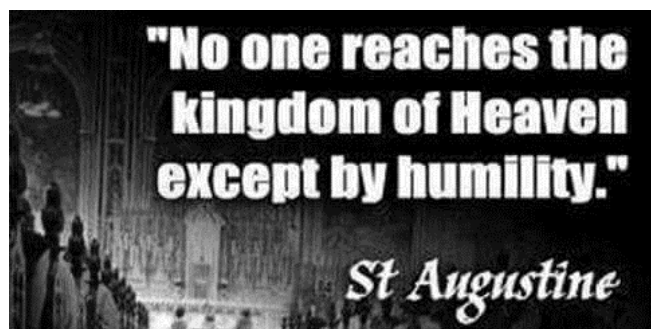
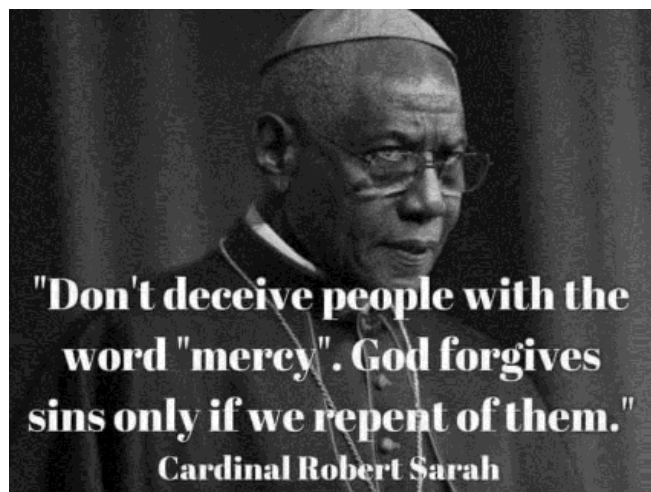
What to do?

1. Begin with the Sign of the Cross
2. Light Candle
3. Say Antiphon of the Day
4. Say the Advent Prayer of that week
5. say Gospel of the Week
6. Finish with Grace before Meals.

1st Week Prayer: Stir up your might we beg You Lord, and come, so that we may escape through Your protection and be saved by Your help from the dangers that threaten us because of our sins. Who lives and reigns forever and ever. Amen

1st Week Gospel Luke 21:25-28, 34-36

"Be vigilant at all times and pray that you have the strength to escape the tribulations that are imminent..."



First Candle and Week 1 of Advent

Monday: "O Wisdom, you come forth from the mouth of the Most High. You fill the universe and hold all things together in a strong yet gentle manner. O come to teach us the way of truth."

Tuesday: "O Adonai and leader of Israel, you appeared to Moses in a burning bush and you gave him the Law on Sinai. O come and save us with your mighty power."

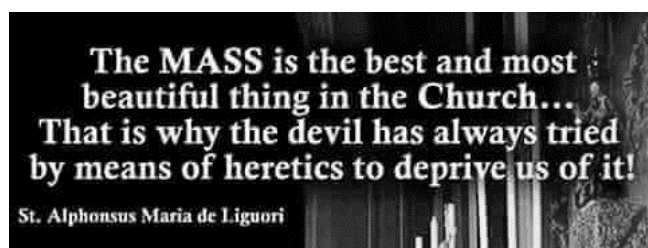
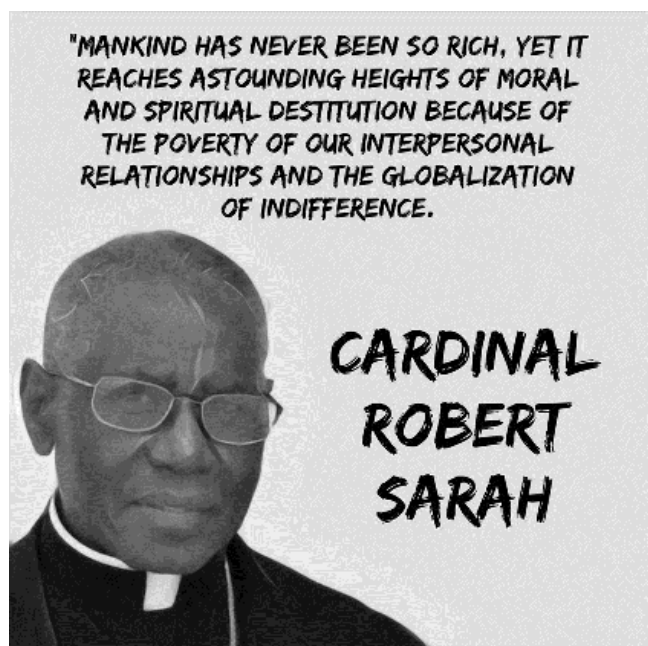
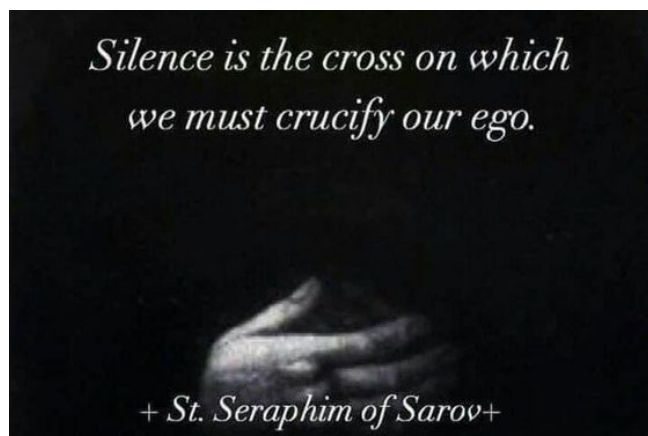
Wednesday: "O stock of Jesse, you stand as a signal for the nations; kings fall silent before you whom the peoples acclaim. O come to deliver us, and do not delay."

Thursday: "O key of David and sceptre of Israel, what you open no one else can close again; what you close no one can open. O come to lead the captive from prison; free those who sit in darkness and in the shadow of death."

Friday: "O Rising Sun, you are the splendour of eternal light and the sun of justice. O come and enlighten those who sit in darkness and in the shadow of death."

Saturday: "O King whom all the people's desire, you are the cornerstone which makes all one. O come and save man whom you made from clay."

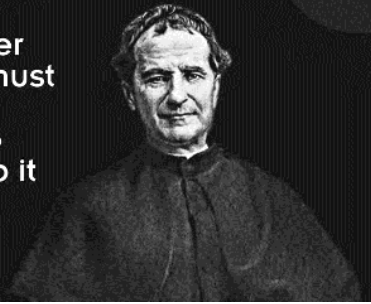
Sunday: "O Emmanuel, you are our king and judge, the One whom the peoples await and their Saviour. O come and save us, Lord, our God."





To obtain favors,
let us go to Mary, but
let us remember
that to deserve Her
intercession, we must
show that we are
Her true sons who
hate sin and keep it
at a distance!

St. John Bosco

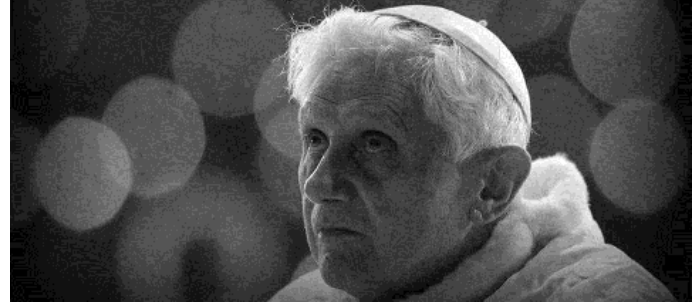


“ If you examine yourself honestly,
you'll be able to say,
'Well, I'm unkind. Well, I'm
uncharitable. I'm caustic.
I'm critical. I'm jealous.
I'm without compassion.'
All of these things you
can't get to Heaven with.
It's very simple to know and to
judge yourself before you die. ”

Mother Angelica

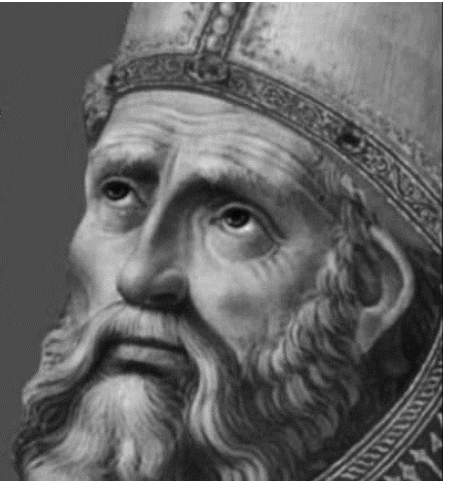
Dear friends, may no adversity paralyze you. Be afraid
neither of the world, nor of the future, nor of your
weakness. The Lord has allowed you to live in this
moment of history so that, by your faith, his name will
continue to resound throughout the world.

- Pope Benedict XVI -



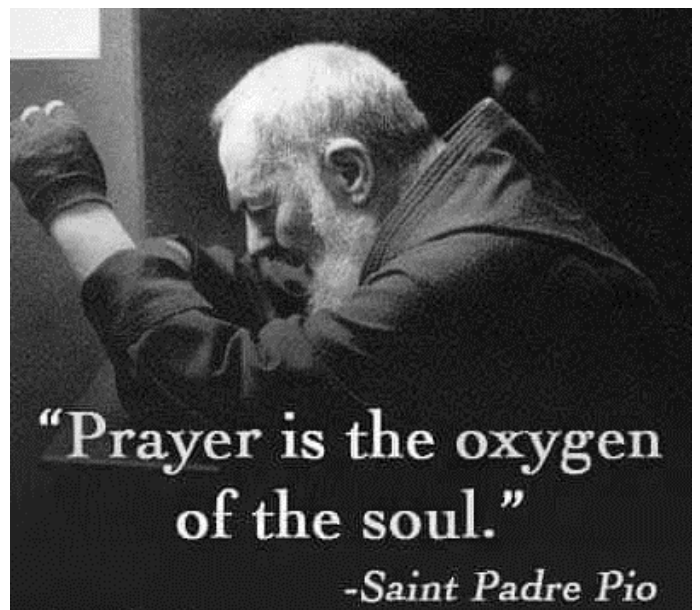
“It is not that
we keep His
Commandments
first, and that then
He loves us, but
that He loves
us first, and then
we keep His
Commandments.
This is that grace
which is revealed
to the humble
but hidden from
the proud.”

~ St. Augustine



“As I am the Salvation and Life of the soul,
and as continually hunger and thirst for the
salvation of men, if you endeavour to study
some words of Scripture every day for the
benefit of others, you will bestow on Me a most
sweet refection. If you read with the intention
of obtaining the grace of compunction or
devotion, you appease My thirst by giving Me
an agreeable beverage to drink. If you employ
yourself in recollection for an hour each day,
you give Me hospitality; and if you apply
yourself daily to acquire some new virtue, you
clothe Me. You visit Me when sick, by striving
to overcome temptation, and to conquer your
evil inclinations; and you visit Me in prison,
and solace My afflictions with the sweetest
consolations, when you pray for sinners and
for the souls in purgatory.”

—Our Lord to St. Gertrude the Great, Revelation:
On Corporal Works of Mercy; Chapter XV



“Prayer is the oxygen
of the soul.”

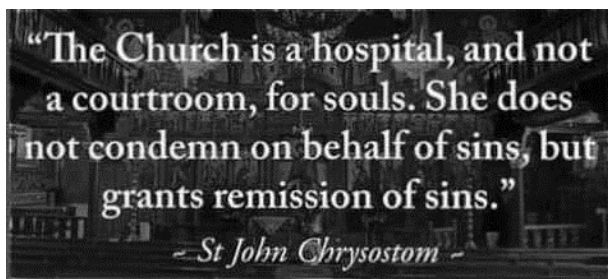
-Saint Padre Pio

“Soon we will have priests reduced to the role of
social worker and message of faith reduced to
political vision. Everything will seem lost, but at
the right time, at the most dramatic stage of crisis,
the Church will be reborn. It will be smaller,
poorer, almost catacomal, but also more holy. For
it will no longer be the Church of those who seek to
please the world, but the Church of the faithful to
God and His eternal law. The rebirth will be the
work of a small remnant, seemingly insignificant,
yet indomitable, having past through a
purification process. Because this is how God
works. Against evil, a small pack resists.”

Cdl Joseph Ratzinger (Pope Benedict XVI)
prophesied the future of the Church.

“The Church is a hospital, and not
a courtroom, for souls. She does
not condemn on behalf of sins, but
grants remission of sins.”

~ St John Chrysostom ~



PROCESSIONAL HYMN:

O Come, O come, Emmanuel
 Redeem thy captive Israel,
 That doth in exile homeless mourn
 Until her Saviour Christ be born.

*Rejoice, rejoice! Emmanuel.
 Shall come to thee, O Israel.*

O come thou day star seen on high
 with healing for our hearts draw nigh:
 Do thou the mists of night dispel and
 death's forboding darkness quell.

*Rejoice, rejoice! Emmanuel.
 Shall come to thee, O Israel.*

O come of Gentile hearts, the King,
 A world that needs thee ransoming
 And save thy Servants who confess
 with humbled hearts their faithlessness.

*Rejoice, rejoice! Emmanuel.
 Shall come to thee, O Israel.*

OFFERTORY CHANT:

*Unto you, O Lord, have I lifted up my soul;
 O my God, I trust in you, let me not be put
 to shame; do not allow my enemies to
 laugh at me; for none of those who are
 awaiting you will be disappointed.*

*Guide me in your truth, and teach me;
 for you are the God of my salvation.
 I have hoped in you all day long.*

*Remember your compassion, O Lord,
 And your merciful love,
 For they are from of old.*

*Do not remember the sins of my youth,
 Nor my transgressions.
 In your merciful love remember me,
 Because of your goodness, O Lord.*

*Good and upright is the Lord;
 He shows the way to sinners.
 He guides the humble in right judgment;
 To the humble he teaches his way.*

COMMUNION HYMN:

O Beauty ever ancient, and yet so new,
 How I hunger and thirst
 now I have tasted You,
 You were deep within me
 all the while that I remained apart,
 Now my soul will be restless,
 until it rests in Your heart.

Your shout pierced my deafness
 and drew me to Your call,
 And my blindness was vanquished,
 Your light dispelling all,
 For your scent I pant,
 and for Your taste I hunger now so much,
 For your peace, my heart is burning now
 I have known Your touch.

O Beloved Eternity,
 Eternal truth, True love,
 How I sigh day and night now for You,
 my God above,
 When your rays of light flashed
 brilliantly, and beat my feeble gaze,

Then my soul feared and trembled,
 I was so far from Your ways.

When I first came to know You,
 You lifted me so high,
 Your light truly blinding,
 and then I heard you cry:
 I'm the food of true maturity,
 so grow that you may dine,
 You will not make me your body,
 but I will make you mine.

O late have I loved You,
 Beauty ancient and new,
 How I hunger and thirst,
 now I have tasted You,
 You were deep within me
 all the while that I remained apart,
 Now my soul will be restless
 until it rests in Your heart.

Let all mortal flesh keep silence,
 And with fear and trembling stand;
 Ponder nothing earthly minded,
 For with blessing in His hand,
 Christ our God to earth descendeth,
 Our full homage to demand.

King of kings, yet born of Mary,
 As of old on earth He stood,
 Lord of lords, in human vesture,
 In the body and the blood;
 He will give to all the faithful
 His own self for heavenly food.

Rank on rank the host of heaven
 Spreads its vanguard on the way,
 As the Light of light descendeth
 From the realms of endless day,
 That the powers of hell may vanish
 As the darkness clears away.

At His feet the six winged Seraph,
 Cherubim with sleepless eyes.
 Veil their faces to the presence,
 and with ceaseless voice they cry:
 "Alleluia, Alleluia, Alleluia Lord,
 most High.

RECESSIONAL HYMN:

Come, thou long expected Jesus,
 Born to set thy people free;
 From our fears and sins release us,
 Let us find our rest in thee.

Israel's strength and consolation,
 hope of all the earth thou art:
 Dear desire of ev'ry nation,
 joy of ev'ry longing heart.

Born thy people to deliver,
 Born a child, and yet a king,
 Born to reign in us forever,
 Now thy gracious kingdom bring.

By thine own eternal Spirit
 Rule in all our hearts alone;
 By thine all sufficient merit
 Raise us to thy glorious throne.

NEXT SUNDAY:**10th December 2023****Second Sunday of Advent***Is 40:1-5, 9-11; 2 Pet 3:8-14; Mk 1:1-8;***LITURGY ROSTER****Readers:** L. Ahio, C. Tagiilima**Prayers of the Faithful:** B. Molloy**Offertory:** W & R Fakava Family**Special Ministers:** P. Capundag**CHURCH CLEANING ROSTER**

Stowers – Subermani Family

SUNDAY CUP OF TEA ROSTER

Tongan Community

ANNIVERSARIES THIS WEEK**5 Dec:** Kevin Lyons, Philip Luoni**8 Dec:** Paddy Boyle, Eileen Moody,
Edna Headland**9 Dec:** Emma Ahio**PARISH FINANCES**

Parish	\$2,625.47
Priests	\$1,312.73
Total AP's and Cash	\$3,938.20

Church Carpark –just a reminder that
 we have plenty of parking behind the
 Church and Hall. **Please do not park on
 the grass in front of the Church.**

Christmas Mass Schedule**SUNDAY, DEC 24TH****8am: Traditional Mass****9:30am: English Mass****10pm: Carols Service****11pm: Midnight Mass****MONDAY, DEC 25TH****8am: Latin Mass****10am: English Christmas Mass****HOLY FAMILY PARISH NOTICES**

Christmas Hampers: the Mother's group
 are gathering food donations to make food
 hampers for families in need during this
 Christmas Season. If you would like to
 donate food items to the hampers, please
 bring your dry foodstuffs to the Office
 between 10am to 4pm, the last day for drop
 off is 13th Dec.

St Joseph's Men's group: Final meeting for
 our Parish Men's group for 2023 will be on
 Wednesday 13th December at 7 pm in the
 Marian Centre. **Topic:** *Reflection on
 Screwtape Letters – Chapter 1 to 5 by C.S.
 Lewis.*

**Please note: on Sunday, Dec 31, and
 Sunday, Jan 7, there will only be an
 English Mass at 9:30am, and no Latin
 Mass at 8am, as Fr Jeremy will be away
 at Hearts Aflame. A visiting priest will
 offer the Mass.**