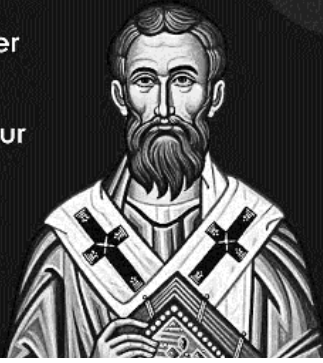


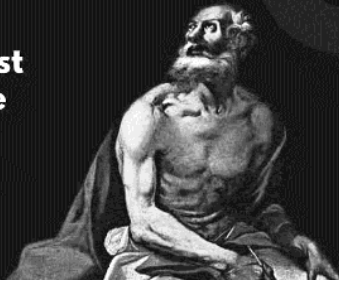
If we are on fire with love for eternity we will hate temporal bonds. Whoever loves another as himself ought to love that in the other which he himself is. Our bodies are not truly what we are, so we should not place our wishes and desires in the human body.

St. Augustine of Hippo



They whose hearts are burning with lust and passion are the very ones whom the devil conquers.

St. Jerome of Stridon



He who loves to intercourse with Christ, loves to be alone. He who loves to remain in the company of many others, he is a friend of this world.

St. Isaac of Nineveh

Mystic Treatises



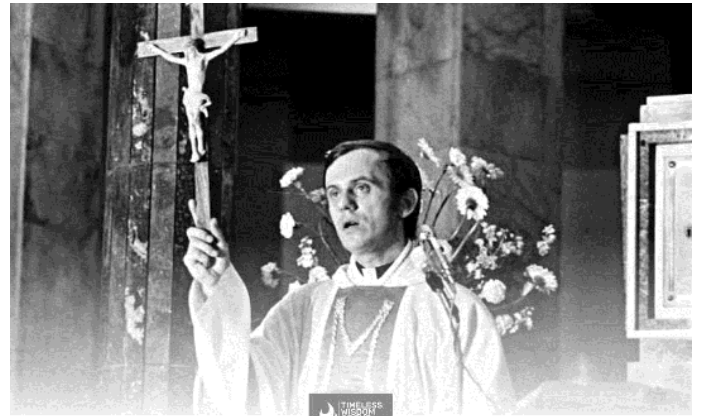
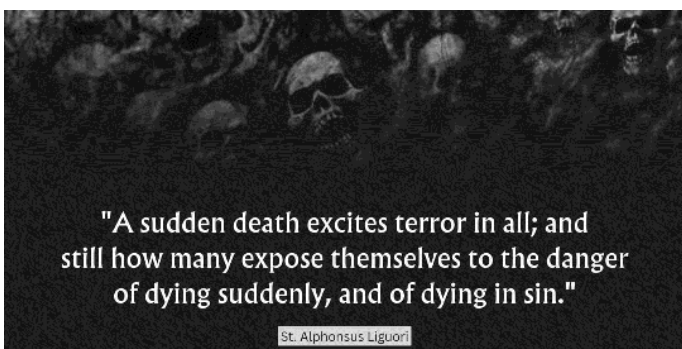
TIMELESS WISDOM OF THE SAINTS

"Do not follow the desires of your flesh. For when the flesh desires what is contrary to the spirit, there is no question that it desires what is evil; for good is not contrary to the best good."

St. Augustine of Hippo

"A sudden death excites terror in all; and still how many expose themselves to the danger of dying suddenly, and of dying in sin."

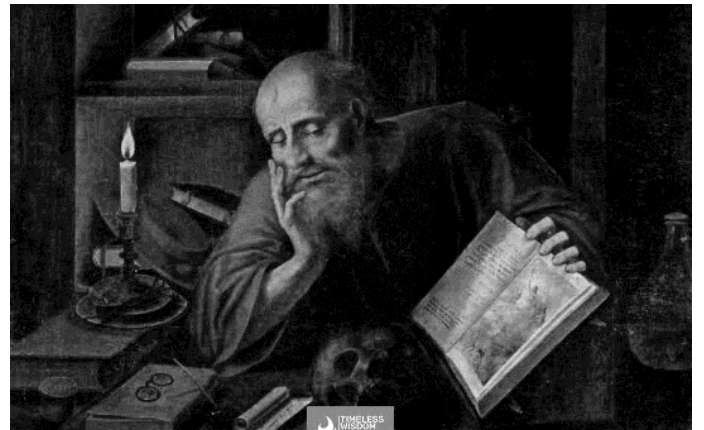
St. Alphonsus Liguori



TIMELESS WISDOM OF THE SAINTS

We can overcome evil only if we are rich in good.

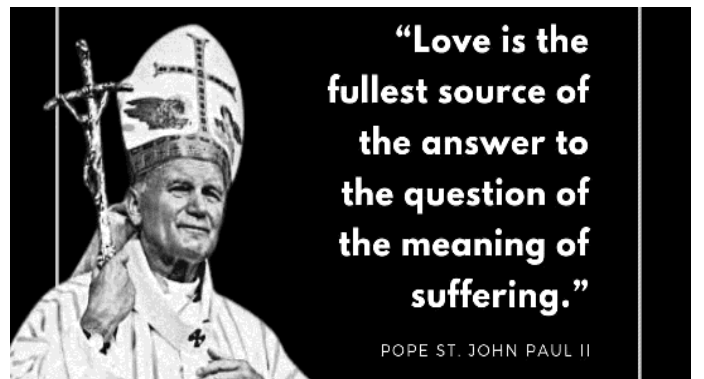
Blessed Jerzy Popieluszko



TIMELESS WISDOM OF THE SAINTS

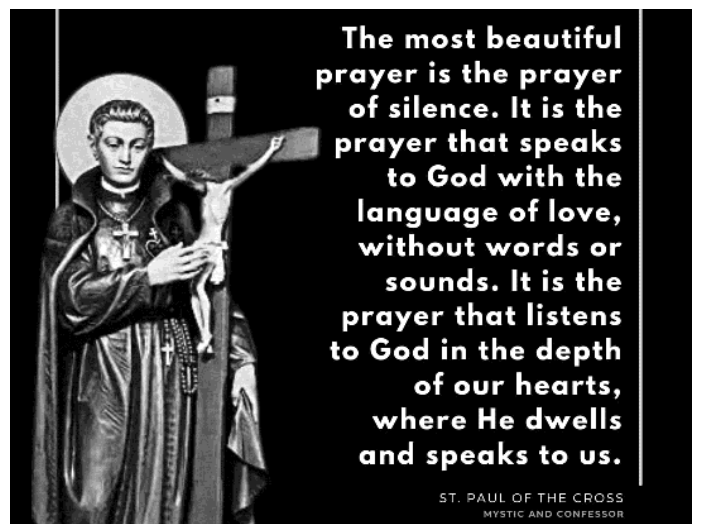
"The peace of Christ is with us when the mind is at peace and undisturbed by the passions."

Saint Jerome



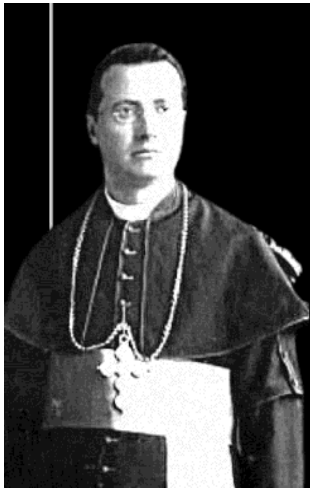
"Love is the fullest source of the answer to the question of the meaning of suffering."

POPE ST. JOHN PAUL II



The most beautiful prayer is the prayer of silence. It is the prayer that speaks to God with the language of love, without words or sounds. It is the prayer that listens to God in the depth of our hearts, where He dwells and speaks to us.

ST. PAUL OF THE CROSS
MYSTIC AND CONFESSOR



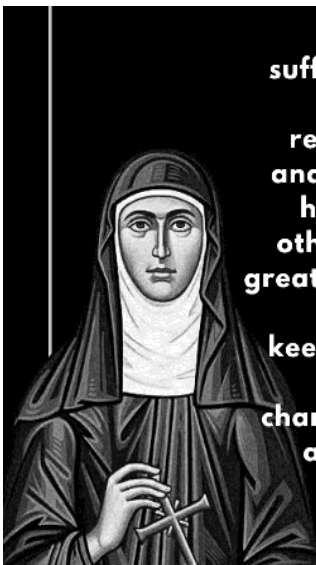
Love poverty..
It will free us
from all attach-
ment to earthly
things and
secure for us the
**Kingdom of
heaven, where
precedence is
promised to the
poor in spirit.**

ST. GUIDO MARIA CONFORTI
BISHOP AND FOUNDER



"Always remember that all you have
to do is try to save your soul, since you are
in this world only for that purpose."

St. John Baptist de la Salle



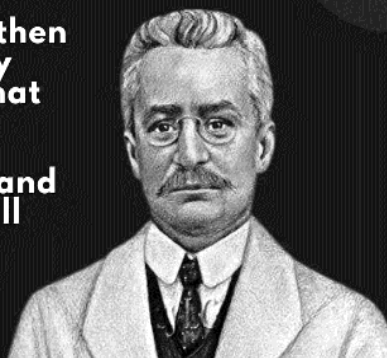
**"The heavier one's
sufferings are, the purer
is the light the soul
receives. But afflictions
and trials of the heart in
humility, patience and
other virtues impart the
greatest luster to the soul,
as they touch it more
keenly, efficaciously and
intimately; works of
charity, above all, give it
an admirable serenity
and brightness."**

ST. GERTRUDE THE GREAT
VIRGIN AND MYSTIC

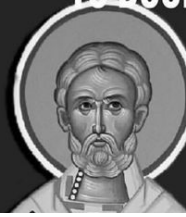
**"In all your
works, look to
Heaven, to the
eternity of life and
of the soul, and
orient yourself then
much differently
from the way that
merely human
considerations
might suggest, and
your activity will
be inspired for
the good."**

St. Giuseppe Moscati

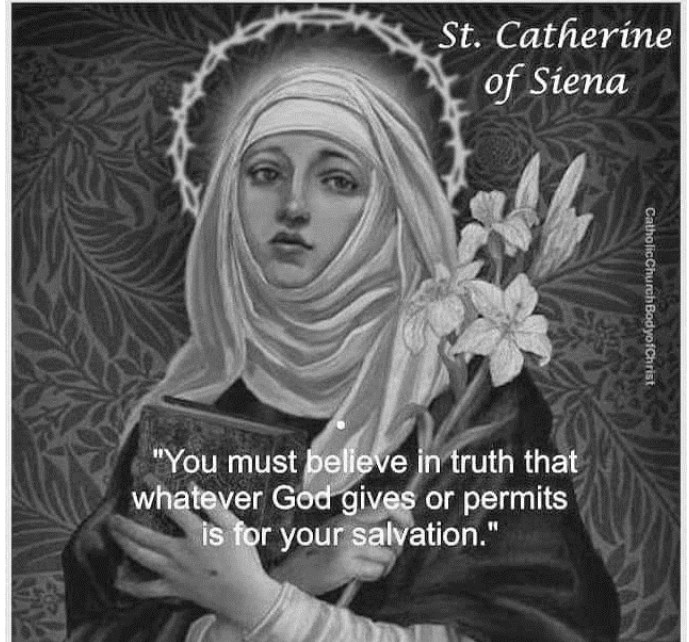
The Holy Doctor of the Poor



**SINCE CHRIST HIMSELF HAS SAID,
"THIS IS MY BODY" WHO SHALL DARE
TO DOUBT THAT IT IS HIS BODY?**



Saint Cyril of Jerusalem



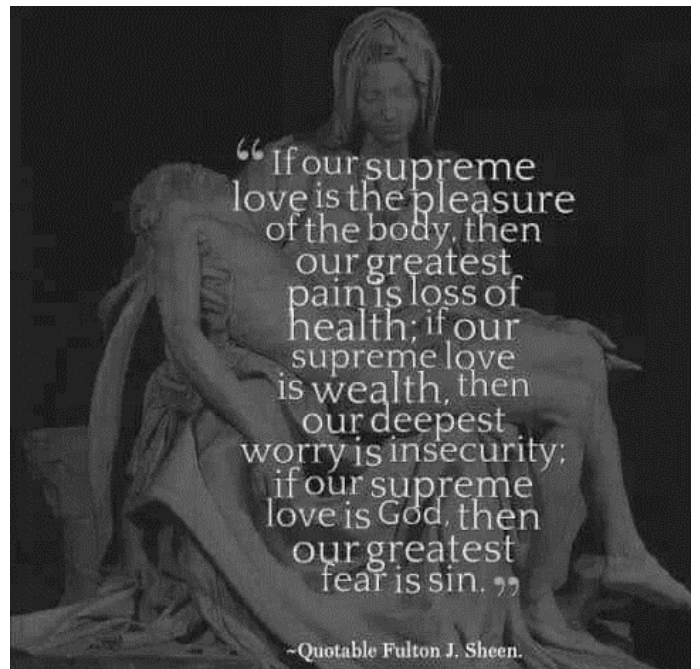
St. Catherine
of Siena

CatholicChurch.com/BodiesOfChrist

"You must believe in truth that
whatever God gives or permits
is for your salvation."

**"GOD CREATED US
WITHOUT US: BUT HE
DID NOT WILL TO SAVE
US WITHOUT US."**

-ST. AUGUSTINE



**"If our supreme
love is the pleasure
of the body, then
our greatest
pain is loss of
health; if our
supreme love
is wealth, then
our deepest
worry is insecurity;
if our supreme
love is God, then
our greatest
fear is sin."**

-Quotable Fulton J. Sheen.

PROCESSIONAL HYMN:

Praise, my soul, the King of heaven;
to his feet thy tribute bring;
ransomed, healed, restored, forgiven,
evermore his praises sing:
Alleluia, alleluia,
Praise the everlasting King.

Praise him for his grace and favour
to our fathers in distress;
praise him still the same forever,
slow to chide and swift to bless:
Alleluia, alleluia,
Glorious in his faithfulness.

Father like, he tends and spares us;
well our feeble frame he knows;
in his hand he gently bears us,
rescues us from all our foes.
Alleluia, alleluia,
Widely yet his mercy flows.

Angels, help us to adore him;
ye behold him face to face;
sun and moon bow down before him,
dwellers all in time and space.
Alleluia, alleluia,

Praise with us the God of grace.

OFFERTORY HYMN:

English Translation - Christus Vincit

C: Christ conquers, Christ reigns, Christ

commands. **C:** Give ear, O Christ

C: For the holy Church of God, uniting the
faithful beyond the limits of kingdoms, may
there be everlasting weal!

C: Redeemer of the world. Grant her
assistance...

All: Christ conquers, Christ reigns, Christ
commands. **C:** Give ear, O Christ.

C: For the Supreme Pontiff [Francis], who
gathereth into one all peoples by [his]
teaching, in charity: let there be dignity for
the Shepherd and obedience from the flock.

C: O Saviour of the word. Grant him
assistance...

All: Christ conquers, Christ reigns, Christ
commands.

C: Give ear, O Christ.

C: For Stephen, our bishop and for every
cleric committee to him: let there be peace
and strength, and a great bounty of good.

All: Christ conquers, Christ reigns, Christ
commands.

C: King of kings. Our King.

C: Our Hope. Our Glory.

C: Give ear, O Christ

C: To the magistrates and all fellow citizens
praying with us: let the effect of their
devotions be true rest for the heart.

C: O Help of Christians: Grant them
assistance

All: Christ conquers, Christ reigns, Christ
commands.

C: To Him alone be empire, praise, and
jubilation for endless ages of ages.

C: May they have prosperous times! May
they, redeemed by the blood of Christ, have
prosperous times!

C: Joyously!

C: Let the Peace of Christ come! Let the reign
of Christ come! Thanks be to God. Amen.

Grow higher ancient doors,
Let Him enter, the King of glory,
Who is the King of glory?
The Lord, Almighty, valiant in war.

Lo, now he enters the gates,
He approaches the holy city,
He is the holy temple,
where God and man are reconciled.

See Christ acclaimed as king,
palms and garments
are laid before Him.
What will be laid upon Him?
The devil's hate, the sin of the world.

Hosanna David's Son,
He who comes in
the name of the Lord,
Not of this world His kingdom,
He conquers death by death on a cross.

Children of Jerusalem,
loudly praise the Lord of heaven,
Hasten to meet Him Zion!
Your king approaches, riding a colt.

COMMUNION HYMN:

Verily, verily, I say unto you:

*except ye eat the flesh of the Son of man,
and drink his blood, ye have no life in you.
Who so eateth my flesh, and drinketh my
blood, hath eternal life; and I will raise him
up at the last day, and I will raise him up at
the day. For my flesh is meat indeed, and
my blood is drink indeed. He that eateth my
flesh, and drinketh my blood, dwelleth in
me, and I in him.*

Soul of my Saviour, Sanctify my breast;
body of Christ, be thou my saving guest;
blood of my Saviour, bathe me in thy tide,
wash me with water flowing from thy side.

Strength and protection may thy passion
be; O blessed Jesus, hear and answer me;
deep in thy wounds, Lord, hide and shelter
me; so shall I never, never part from thee.
Guard and defend me from the foe malign;
in death's dread moments make me only
thine; call me and bid me come to thee on
high, where I may praise thee with thy
saints for aye.

RECESSIONAL HYMN:

Hail, Redeemer, King Divine!
Priest and Lamb, the throne is Thine,
King, whose reign shall never cease,
Prince of everlasting peace.

*Angels, saints and nations sing;
"Praised be Jesus Christ, our King;
Lord of life, earth, sky and sea, King of
Love on Calvary."*

King, whose name creation thrills,
Rule our minds, our hearts, our wills,
Till in peace each nation rings,
With thy praises King of kings!

King most holy, King of Truth,
Guide the lowly, guide the youth;
Christ, the King of Glory bright,
Be to us eternal light.

NEXT SUNDAY:

3rd December 2023

First Sunday of Advent

Is 63:16-17; 64:1,3-8; 1 Cor 1:3-9;

Mk 13:33-37;

LITURGY ROSTER

Readers: B. Molloy, T. Molloy

Prayers of the Faithful: N. Nunes

Offertory: Hatzaw Family

Special Ministers: K. Selvan

CHURCH CLEANING ROSTER

24hr Adoration

SUNDAY CUP OF TEA ROSTER

Thotawattage/J. Tagiilima Families

ANNIVERSARIES THIS WEEK

28 Nov: Bill Ashton, Theresa Palmer,
Kata Milina

30 Nov: Alice McCormick

2 Dec: Mary Green, Elizabeth Banfi

PARISH FINANCES

Parish \$1,985.73

Priests \$992.87

Total AP's and Cash \$2,978.60

Church Carpark –just a reminder that
we have plenty of parking behind the
Church and Hall. **Please do not park on
the grass in front of the Church.**

**FIRST HOLY COMMUNION
Solemnity of Christ the King**

Special Congratulations to
Audrey Mulles

ALL ARE INVITED TO THE CELEBRATION
IN THE HALL FOLLOWING MASS

HOLY FAMILY PARISH NOTICES

Christmas Hampers: the Mother's
group are gathering food donations to
make food hampers for families in need
during this Christmas Season.

If you would like to donate food items to
the hampers, please bring your dry food
stuffs to the Office on the 12th and 13th
December from between 10am to 4pm.

**24 Hour Adoration: Friday 1st Dec
6pm to Saturday 2nd Dec 6pm.** We
have one spot to cover next month 12am
to 2am. If you are able to cover that time,
please let Ellen know in the Parish Office
on 8346677.

**On Sunday, Dec 31, and Sunday, Jan 7,
there will only be an English Mass at
9:30am, and no Latin Mass at 8am, as Fr
Jeremy will be away at Hearts Aflame.
A visiting priest will offer the Mass.**

Safe Church – Safe Guarding –As Catholics we
believe that every person is created in the
likeness and image of God. Therefore, we
continue to ensure our parish is a place where
everyone is treated with respect and dignity. If
you have any complaints or concerns, please see
the noticeboard for contact details.