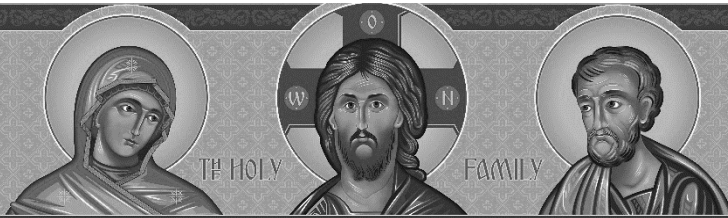


*Holy  
Family*



*Catholic  
Parish*

## 14<sup>th</sup> Sunday in Ordinary Time

YEAR A

9<sup>th</sup> JULY 2023

### FIRST READING : Zechariah 9:9-10

The Lord says this: Rejoice heart and soul, daughter of Zion! Shout with gladness, daughter of Jerusalem! See now, your king comes to you; he is victorious, he is triumphant, humble and riding on a donkey, on a colt, the foal of a donkey. He will banish chariots from Ephraim and horses from Jerusalem; the bow of war will be banished. He will proclaim peace for the nations. His empire shall stretch from sea to sea, from the River to the ends of the earth.

### RESPONSORIAL PSALM : Psalm 144(145):1-2,8-11,13b-14



*℟:* I will praise your name for e-ver, my king and my God.

*I will give you glory, O God my king, I will praise your name forever. I will bless you day after day and praise your name for ever.*  
*℟:*

*The Lord is kind and full of compassion, slow to anger, abounding in love. How good is the Lord to all, compassionate to all his creatures.* *℟:*

*All your creatures shall thank you O Lord and your friends shall repeat their blessing. They shall speak of the glory of your reign, and declare your might O God.* *℟:*

*The Lord is faithful in all His words and loving in all His deeds. The Lord supports all who fall, and raises all who are bowed down.* *℟:*

### SECOND READING : Romans 8:9,11-13

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you. So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

### GOSPEL : Matthew 11:25-30

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him. 'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

### ***THEOLOGY OF THE BODY FOR TEENS***

~ Highly Recommended ~

What is love? Where do I get my identity from? What is the purpose of my sexuality?

How can I live in authentic freedom, grow in virtue and build healthy friendships? How can I prepare for marriage?

Dates : Weekend Course. Saturday 22 July 2-6pm, and Sunday 23 July 12-6pm.

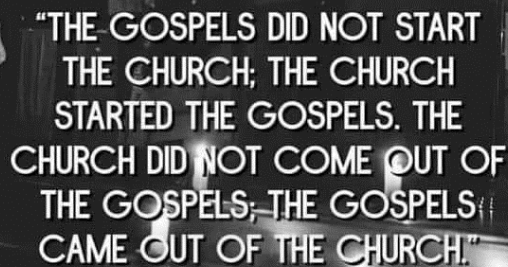
Age: 13-19 year olds. Venue: Hillsborough, Auckland.

To register or for more information: [www.theologyofthebody.nz](http://www.theologyofthebody.nz) or email [tobauckland@gmail.com](mailto:tobauckland@gmail.com)

### ***SUNDAY CHILDREN'S CATECHISM***

~ Important ~

Dear parents, a gentle reminder that the *Children Catechism Classes* follow Sunday Mass in our parish here: 10:45-11:30am. Please do send your children to the age-appropriate catechism class for their continued formation in the Faith. There are 4 classes for the different ages: 5-6 yrs Bugler Centre, 7-9 yrs Bugler Centre, 10-12 yrs Hall back room, 13 yrs and above, back classroom. After the classes they can come to the Hall for fun, food, and fellowship.



"THE GOSPELS DID NOT START THE CHURCH; THE CHURCH STARTED THE GOSPELS. THE CHURCH DID NOT COME OUT OF THE GOSPELS; THE GOSPELS CAME OUT OF THE CHURCH."

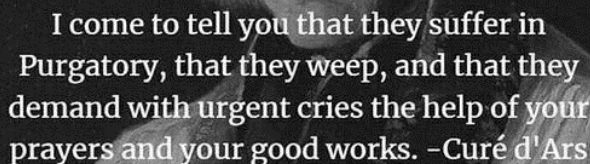
FULTON SHEEN

"Don't allow the sad sight of human injustice to sadden your soul; someday you will see the unfailing justice of God triumph over it."

- St. Padre Pio

"Either we learn to find the Lord in the ordinary everyday life or else we shall never find him."

St. Josemaría Escrivá



I come to tell you that they suffer in Purgatory, that they weep, and that they demand with urgent cries the help of your prayers and your good works. -Curé d'Ars

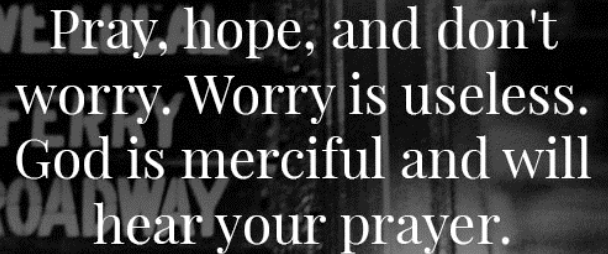
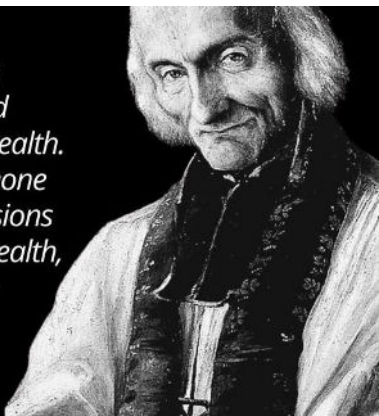
"Cast yourself into the arms of God and be very sure that if He wants anything of you, He will fit you for the work and give you strength."

"*You learn* to speak by speaking, to study by studying, to run by running, to work by working, and just so, you learn to love by loving. All those who think to learn in any other way *deceive themselves.*"

- ST. FRANCIS DE SALES -

The door by which pride enters with the greatest strength and ease is the door of wealth. Just as soon as someone improves his possessions and his sources of wealth, you will observe him change his life.

—St. John Mary Vianney



Pray, hope, and don't worry. Worry is useless. God is merciful and will hear your prayer.

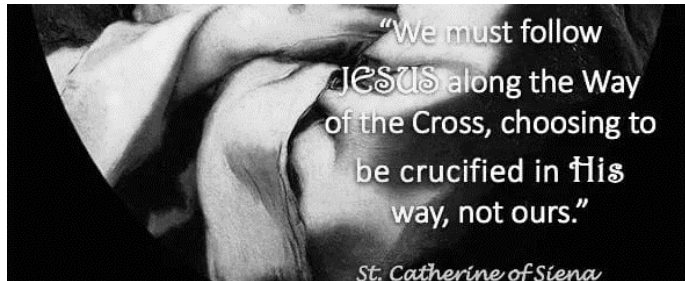
- St. Padre Pio -

Marriage is to help married people sanctify *themselves and others*. For this reason they receive a special grace in the sacrament which Jesus Christ instituted. *Those who are called to the married state will, with the grace of God, find within their state everything they need to be holy.*

(Saint Josemaría Escrivá)

Where joylessness reigns, where humor dies, the spirit of Jesus Christ is assuredly absent.

- Pope Benedict XVI -

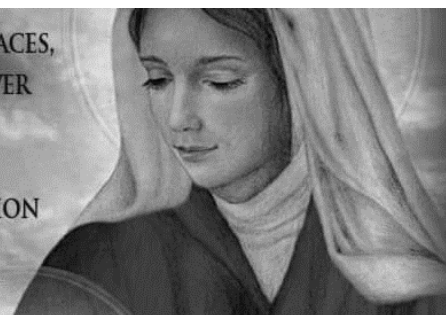


"We must follow JESUS along the Way of the Cross, choosing to be crucified in His way, not ours."

St. Catherine of Siena

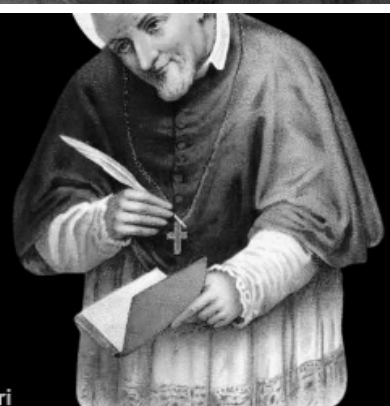
"WE MAY SEEK GRACES, BUT SHALL NEVER FIND THEM WITHOUT THE INTERCESSION OF MARY."

-ST. CAJETAN



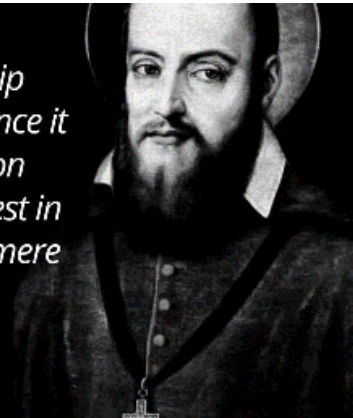
By lust the Devil triumphs over the entire man, over his body and over his soul.

—St. Alphonsus Liguori



*If we love a vicious person, our friendship too will be evil; for since it cannot be founded on true virtue, it must rest in some false good or mere sensual attraction.*

—St. Francis de Sales

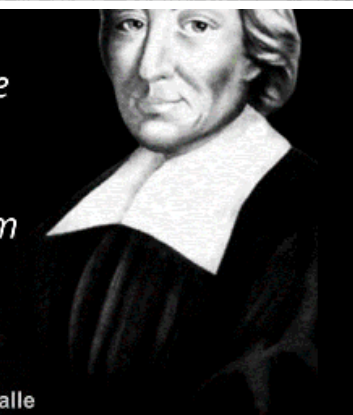


**"LET EACH FATHER MAKE HIS HOME A CHURCH. ARE YOU NOT RESPONSIBLE FOR THE SALVATION OF YOUR CHILDREN? ARE YOU NOT LIKELY TO GIVE AN ACCOUNT FOR THEIR UPBRINGING? JUST AS CLERGY WILL GIVE AN ACCOUNT FOR THEIR FLOCKS, SO FATHERS OF FAMILIES WILL HAVE TO ANSWER BEFORE GOD FOR ALL OF THE PEOPLE IN THEIR HOME."**

— St. JOHN CHRYSOSTOM

*What should we do when impure thoughts suggest themselves to us? We must reject them without delay.*

—St. John Baptist de La Salle

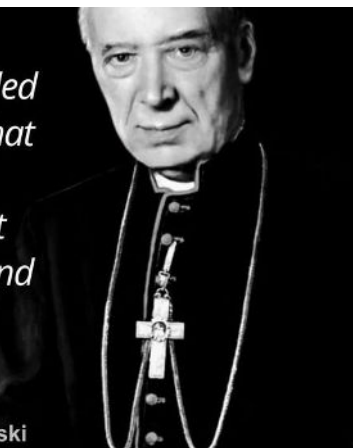


**"WHEN A CHILD IS GIVEN TO HIS PARENTS, A CROWN IS MADE FOR THAT CHILD IN HEAVEN, AND WOE TO THE PARENTS WHO RAISE A CHILD WITHOUT CONSCIOUSNESS OF THAT ETERNAL CROWN!"**

— Venerable Bishop Fulton Sheen

*The modern world needs to be reminded of the great truth that men are called for eternal life and that their life does not end here, on earth.*

—Blessed Stefan Wyszyński



**"Humility is the root, mother, nurse, foundation and bond of all virtue"**

— St John Chrysostom



*"There is a terrible hunger for love. We all experience that in our lives, the pain and the loneliness. We must have the courage to recognize it. The poor may be right in your own family. Find them and love them."*

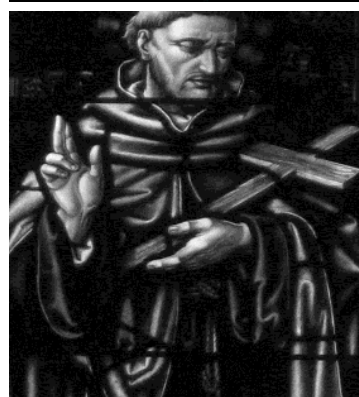
~Saint Teresa of Calcutta

**"JESUS, HELP ME TO SIMPLIFY MY LIFE BY LEARNING WHAT YOU WANT ME TO BE - AND BECOMING THAT PERSON."**

**ST. THÉRÈSE OF LISIEUX**

*If you wish to become interior, a matter of great importance for you is to control your mind and your eyes. Without this kind of mortification, it is almost impossible to make much progress in virtue.*

—St. John Baptist de La Salle



*"Live in faith and hope, though it be in darkness, for in this darkness God protects the soul."*

St. John of the Cross

*"When a woman veils her body in modest clothing, she is not hiding herself from men. On the contrary, she is revealing her dignity to them."*

Venerable Archbishop Sheen

Whenever anything disagreeable or displeasing happens to you, remember Christ crucified and be silent.

— St. John of the Cross —

**PROCESSIONAL HYMN:**

All creatures of our God and King,  
lift up your voices, let us sing:  
Alleluia! Alleluia!  
Thou burning sun with golden beams,  
thou silver moon that gently gleams,  
O praise Him, O praise Him  
Alleluia! Alleluia! Alleluia!

Thou rushing wind that art so strong,  
ye clouds that sail in heav'n along,  
O praise Him, Alleluia!  
Thou rising morn in praise rejoice,  
ye lights of heaven find a voice,  
O praise Him, O praise Him  
Alleluia! Alleluia! Alleluia!

Thou flowing water, pure and clear,  
make music for thy Lord to hear,  
Alleluia! Alleluia!  
Thou fire so masterful and bright,  
that givest man both warmth and light,  
O praise Him, O praise Him  
Alleluia! Alleluia! Alleluia!

Dear mother earth, who day by day,  
unfoldest blessings on our way,  
O praise Him, Alleluia!  
The flow'rs and fruits that in thee grow,  
let them His glory also show:  
O praise Him, O praise Him  
Alleluia! Alleluia! Alleluia!

**OFFERTORY HYMN:**

Come down, O love divine,  
see Thou this soul of mine,  
And visit it with  
Thine own ardour glowing.  
O Comforter, draw near,  
within my heart appear,  
And kindle it,  
Thy holy flame bestowing.  
  
O let it freely burn,  
til earthly passions turn  
To dust and ashes in its heat consuming;  
and let Thy glorious light  
shine ever on my sight, and clothe me  
round, the while my path illuming.

Let holy charity mine outward vesture be  
and lowliness become  
mine inner clothing;  
True lowliness of heart,  
which takes the humbler part,  
And o'er its own short comings  
weeps with loathing.

And so the yearning strong,  
with which the soul will long,  
Shall far outpass  
the pow'r of human telling;  
For none can guess its grace,  
till he become the place  
Wherein the Holy Spirit  
makes His dwelling.

**COMMUNION HYMN:**

Jesus, my Lord, my God, my all,  
How can I love thee as I ought?  
And how revere this wondrous gift,  
So far surpassing hope or thought?

*Sweet Sacrament, we Thee adore,  
O make us love Thee more and more!  
O make us love Thee more and more!*

Had I but Mary's sinless heart,  
To love Thee with, my dearest King;  
O! with what bursts of fervent praise,  
Thy goodness Jesus would I sing.

O, see within a creature's hand,  
The vast creator deigns to be,  
Reposing infant like as though  
On Joseph's arm, on Mary's knee.

Thy body, soul, and Godhead, all  
O mystery of love divine!  
I cannot compass all I have,  
For all thou hast and art are mine.

Sound, sound His praises higher still,  
And come ye Angels to our aid;  
'Tis God, 'tis God, the very God,  
whose power both man and angels  
made.

**RECESSIONAL HYMN:**

Hail, Redeemer, King Divine!  
Priest and Lamb, the Throne is Thine,  
King, whose reign shall never cease,  
Prince of everlasting peace!  
Angels, Saints and Nations sing;  
"Praised be Jesus Christ, our King;  
Lord of life, earth, sky and sea,  
King of Love on Calvary."

King, whose name creation thrills,  
Rule our minds, our hearts, our wills,  
Till in peace each nation rings,  
With thy praises King of Kings!  
Angels, Saints and Nations sing;  
"Praise be Jesus Christ, our King;  
Lord of life, earth, sky and sea, King of  
Love on Calvary."

King most holy, King of Truth,  
Guide the lowly, guide the youth;  
Christ, the King of Glory bright,  
Be to us Eternal Light. Angels, Saints  
and Nations sing; "Praised be Jesus  
Christ, our King; Lord of life, earth, sky  
and sea, King of love on Calvary."

**New Parish Bank Account Number**

Please be advised that from  
1 July 2023,  
our parish bank account number  
will be changed to  
**02-0108-0707884-000**

If you are interested in joining the  
Pledge System, please contact the  
Parish Office at 098346677 or  
[hfp parish@xtra.co.nz](mailto:hfp parish@xtra.co.nz)

**NEXT SUNDAY:**

**16th July 2023**

**15th SUNDAY in ORDINARY TIME**  
*Is 55:10-11; Rom 8:18-23; Mt 13:1-23;*

**LITURGY ROSTER**

**Readers:** E. O'Brien, L. Ahio  
**Prayers of the Faithful:** E. Shaw  
**Offertory:** Fortuin Family  
**Special Ministers:** F. Ulugia

**CHURCH CLEANING ROSTER**

Tovio Family

**SUNDAY CUP OF TEA ROSTER**

J. Kurian and families

**ANNIVERSARIES THIS WEEK**

**9 July:** *Jean Fleming*  
**10 July:** *Geoff Lewis, Johann Neuman, Kelmen Bartocci*  
**11 July:** *Merle Haagh*  
**12 July:** *Eruera Erihe*  
**13 July:** *William Strong, Shay Ah Loo*  
**14 July:** *Pat Chillingworth, James Hodge, Gerald Stansfield, June Tyrell, Constantinus Bonsel*  
**15 July:** *Alice Robinson*

**PARISH FINANCES**

**Parish** \$1,229.87  
**Priests** \$614.93  
**Total Cash** \$1,844.80

**HOLY FAMILY PARISH NOTICES**

**Weekday Masses - 10th July to 15th July**  
**Please note: this week Mass will be on Monday to Friday at 9am.**  
*There will be No Masses on Tuesday evening and Saturday morning. Also, Adoration and Confessions will not be available during this time.*

**Registrations for Hearts Aflame are now open** - For any young people between 17 and 35 the parish can sponsor you.  
<https://www.heartsaflame.org.nz/ha-2024/>

**DIOCESAN NOTICES**

**175 Campaign – reflecting on our past by supporting those in need!** As we reflect on the diocese's 175th Anniversary, please join Bishop Steve's 175 campaign through the Caring Foundation. To donate, please visit [www.caringfoundation.org.nz](http://www.caringfoundation.org.nz) to donate online.

**World Youth Day Auckland** 6th August 2pm at Sancta Maria College. Join us for an incredible experience at World Youth Day Auckland 2023! Young people aged 13-30yrs old (and their youth leaders!) are invited to join us at Sancta Maria College for this unforgettable celebration of our Catholic Faith. Spread the word, tell your youth group, and register now for this taste of the international World Youth Day taking place in Lisbon, Portugal! *Go to [facebook.com/AKCYM](https://facebook.com/AKCYM) to register*

*Please check the noticeboard for more notices*