# 3<sup>rd</sup> SUNDAY OF LENT – YEAR A – 12<sup>th</sup> OF MARCH 2023

## FIRST READING: Exodus 17:3-7;

Tormented by thirst, the people complained against Moses. 'Why did you bring us out of Egypt?' they said. 'Was it so that I should die of thirst, my children too, and my cattle?' Moses appealed to the Lord. 'How am I to deal with this people?" he said. 'A little more and they will stone me!' the Lord said to Moses, 'Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.' This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, 'Is the Lord with us, or not?'

# RESPONSORIAL PSALM: Psalm 94(95):1-2,6-9;



Ry. If to-day you hear His voice, har-den not Your hearts.

# SECOND READING: Romans 5:1-2,5-8;

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. And this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

### **GOSPEL: John 4:5-42;**

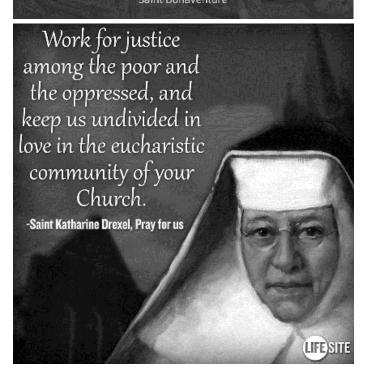
Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' His disciples had gone into the town to buy food. The Samaritan woman said to him, 'What? You are a Jew and you ask me, a Samaritan, for a drink?' - Jews, in fact, do not associate with Samaritans. Jesus replied: 'If you only knew what God is offering and who it is that is saying to you: Give me a drink, you would have been the one to ask, and he would have given you living water.' 'You have no bucket, sir,' she answered 'and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?' Jesus replied: 'Whoever drinks this water will get thirsty again; but anyone who drinks the water that I shall give will never be thirsty again: the water that I shall give will turn into a spring inside him, welling up to eternal life.' 'Sir,' said the woman 'give me some of that water, so that I may never get thirsty and never have to come here again to draw water.' 'Go and call your husband' said Jesus to her 'and come back here.' The woman answered, 'I have no husband.' He said to her, 'You are right to say, "I have no husband"; for although you have had five, the one you have now is not your husband. You spoke the truth there.' 'I see you are a prophet, sir' said the woman. 'Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.' Jesus said: 'Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we do know: for salvation comes from the Jews. But the hour will come - in fact it is here already – when true worshippers will worship the Father in spirit and truth: that is the kind of worshipper the Father wants. God is spirit, and those who worship must worship in spirit and truth.' The woman said to him, 'I know that Messiah – that is, Christ - is coming; and when he comes he will tell us everything.' 'I who am speaking to you,' said Jesus 'I am he.' At this point his disciples returned, and were surprised to find him speaking to a woman, though none of them asked, 'What do you want from her?' or, 'Why are you talking to her?' The woman put down her water jar and hurried back to the town to tell the people. 'Come and see a man who has told me everything I ever did; I wonder if he is the Christ?' This brought people out of the town and they started walking towards him. Meanwhile, the disciples were urging him, 'Rabbi, do have something to eat; but he said, 'I have food to eat that you do not know about.' So the disciples asked one another, 'Has someone been bringing him food?' But Jesus said: 'My food is to do the will of the one who sent me, and to complete his work. Have you not got a saying: Four months and then the harvest? Well, I tell you: Look around you, look at the fields; already they are white, ready for harvest! Already the reaper is being paid his wages, already he is bringing in the grain for eternal life, and thus sower and reaper rejoice together. For here the proverb holds good: one sows, another reaps; I sent you to reap a harvest you had not worked for. Others worked for it; and you have come into the rewards of their trouble.' Many Samaritans of that town had believed in him on the strength of the woman's testimony when she said, 'He told me all I have ever done', so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, 'Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.'

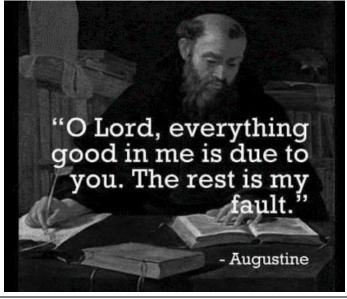


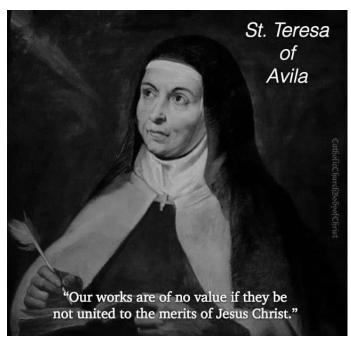
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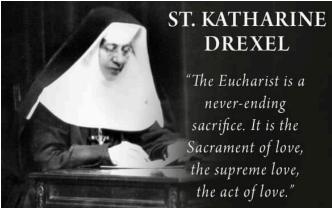


Saint Bonaventure



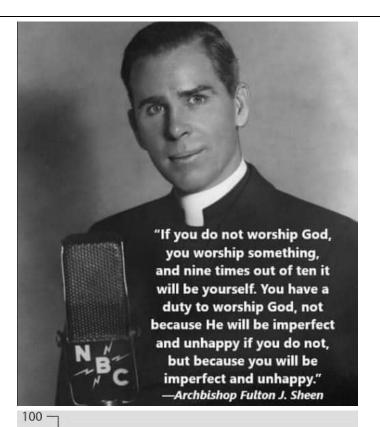


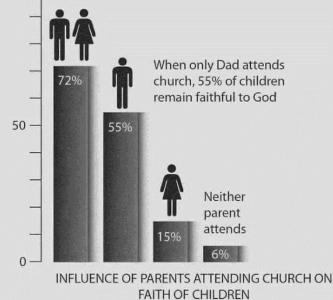


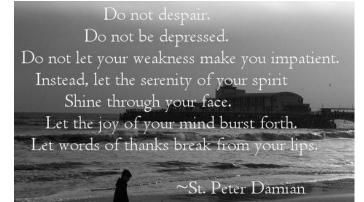


He who is not angry when there is just cause for anger is immoral. Why? Because anger looks to the good of justice. And if you can live amid injustice without anger, you are immoral as well as unjust.

Thomas Aquinas, priest, philosopher







# Venerable Fulton J. Sheen

"We become like that
which we love.

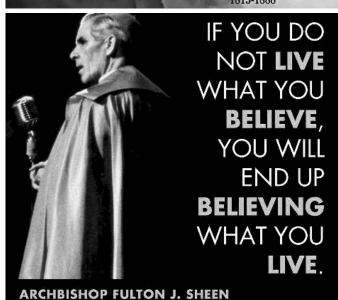
If we love what is base,
we become base;
but if we love what is noble,
we become noble."



# "Evil preaches tolerance until it is dominant, then it tries to silence good." - Archbishop Charles J. Chaput

"Accept afflictions with patience.
Silently endure cold and heat,
wind and rain, fatigue and
all the other discomforts
that God may deign
to send you."

St. John Bosco
1815 1888



"Prayer is the place of refuge for every worry, a foundation for cheerfulness, a source of constant happiness, a protection against sadness."

- St. John Chrysostom



Do not ever succumb to the insane thought that God has abandoned you.

God knows exactly how much one can endure and, according to that, measures the sufferings and pains of everyone.

St. Nikolaj Velimirovic

"There are not more than 100 people in the world who truly hate the Catholic Church, but there are millions who hate what they

perceive to be the Catholic Church."

-Archbishop Fulton J. Sheen

#### **PROCESSIONAL HYMN:**

The glory of these forty days we celebrate with songs of praise; for Christ, through whom all things were made. himself has fasted and has prayed.

Alone and fasting Moses saw the loving God who gave the law; and to Elijah, fasting came the steeds and chariots of flame.

So Daniel trained his mystic sight, delivered from the lions' might; and John, the Bridegroom's friend, became the herald of Messiah's name.

Then grant us, Lord, like them to be full oft in fast and prayer with thee; our spirits strengthen with thy grace, and give us joy to see thy face.

O Father, Son, and Spirit blest, to thee be every prayer addressed, who art in threefold Name adored, from age to age, the only Lord.

#### **OFFERTORY HYMN:**

The ordinances of the Lord are right, \* bringing joy to all hearts, sweeter than honey or honeycomb. Therefore your servant will observe them.

The heavens declare the glory of God, \* and the firmament proclaims the work of his hands.

Day unto day conveys the message\* and night unto night imparts the knowledge

No speech, no word, whose voice goes unheeded; their sound goes forth through all the earth, \* their message to the utmost bounds of the world.

There he has placed a tent for the sun: it comes forth like a bridegroom coming from his tent, rejoices like a champion to run his course.

At one end of the heavens is the rising of the sun; to its furthest end it runs its course. There is nothing concealed from its burning heat.

## **COMMUNION HYMN:**

Though You are God, with Father and the Spirit, You did not cling to Your equality, Emptied Yourself, became for us a slave, and humbler yet, You died upon a tree, You give Your flesh that we be truly fed, Your Risen Self, in form of lowly bread.

To satisfy our hunger for Your love, You come to us as flesh and blood outpoured,

and then to quench your thirsting for our love,

You come again, as poorest of the poor, that what we do to these the least of brethren,

we do to You, our Saviour and our Lord.

Emmanuel, You're longing to be with us, You bid us share Your one true sacrifice, offer ourselves, with You the Holy Lamb, Readers: S. Shaw, E. Shaw washed by Your Blood, you call us into

so fed by You, made holy and made one. We, now Your Body, for the world, become.

#### RECESSIONAL HYMN:

Praise to the Holiest in the height, and in the depth be praise; in all his words most wonderful, most sure in all his ways!

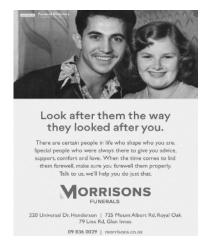
O loving wisdom of our God! When all was sin and shame, a second Adam to the fight and to the rescue came.

O wisest love! that flesh and blood, which did in Adam fail, should strive afresh against the foe, should strive, and should prevail.

And that the highest gift of grace should flesh and blood refine: God's presence and his very self, and essence all divine.

O generous love! that he who smote in man for man the foe, the double agony in Man for man should undergo.

And in the garden secretly, and on the cross on high, should teach his brethren, and inspire to suffer and to die.



**ALTAR SERVER PRACTICE PRACTICES ARE ON SATURDAY 1ST APRIL AT 11AM AND** SATURDAY 8TH APRIL AT 10AM

# **NEXT SUNDAY:** 19th March 2023 4th Sunday of Lent (Yr A) 1 Sam 16:1, 6-7, 10-13; Eph 5:8-14; In 9:1-41;

## LITURGY ROSTER

Prayers of the Faithful: T. Molloy **Offertory:** Fortuin Family **Special Ministers:** P. Capundag

# **CHURCH CLEANING ROSTER** Adoration

# SUNDAY CUP OF TEA ROSTER

Samoan Community

#### **ANNIVERSARIES THIS WEEK**

12 Mar: Joyce Fitzgerald, Terry Fitzgerald,

Kathleen Bonner

14 Mar: Donald Ah Loo, Huck Chiang Tan

16 Mar: Ravindra Prasad

17 Mar: Sr Genevieve, Mate Urlich,

Iim Lyons

18 Mar: Roe Atkinson, William Ewing

#### **PARISH FINANCES**

Parish **\$**2.843.13 Priests **\$1,421.57** Total Cash and AP's \$4,264.70

#### **HOLY FAMILY PARISH NOTICES**

**Catechism Classes** – 5 year olds to teenagers after the 9:30am Mass on Sunday. Please send your children even if they attend Catholic School as this is for all children in the Parish.

# Cup of tea in the Hall after the 9:30am

**Mass**. We are looking for volunteers for Sundays during the school holidays. Contact Ellen in the Parish Office on 8346677

### **DIOCESAN NOTICES**

Auckland Catholic Single Social Group: Axe Throwing 18 March 2023, 2:00 PM Sweet Axe Throwing Co. 110 Nelson Street, Auckland CBD Please RSVP by 14 March to: aklcatholicsinglesocialgroup@gmail.com OR click going on the Facebook Event Page

#### Stations of the Cross

Every Friday during Lent 7pm

Go Forward in Hope International Pro-Life & Family Conference -Thursday 23 to Sunday 26 March, Auckland.

Featuring thirteen international and local speakers passionate about their areas of expertise in pro-life and family issues - For more information and to register visit fli.org.nz/conference2023 or Michelle Kaufman 027 526 1199.