



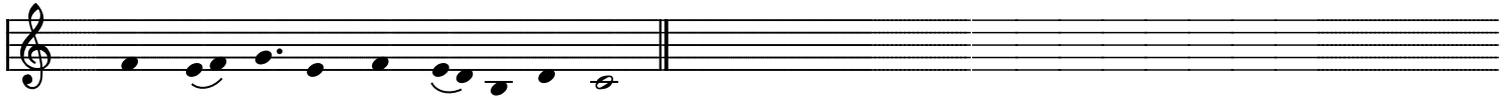
Holy Family Parish

19th Sunday in Ordinary Time -Year B-
Sunday 8th August 2021

FIRST READING : 1 Kings 19:4-8

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

RESPONSORIAL PSALM : Psalm 33:2-9;



℟. Taste and see the good-ness of the Lord.

I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. ℟.

Glorify the Lord with me. Together let us praise his name. I sought the Lord and he answered me; from all my terrors he set me free. ℟.

Look towards him and be radiant; Let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress. ℟.

The angel of the Lord is encamped around those who revere him to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him. ℟.

SECOND READING : Ephesians 4:30-5:2

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

GOSPEL : John 6:41-51

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: *They will all be taught by God*, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. 'I am the bread of life. Your fathers ate the manna in the desert, and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

PARISH QUIZ NIGHT!

**Saturday 4th September
7:00pm**

Register either individually or a team of eight.

Register with Ellen in the Parish Office on 098346677
or email hfparish@xtra.co.nz

**"A RELIGION THAT DOESN'T
INTERFERE WITH THE SECULAR ORDER
WILL SOON DISCOVER THAT THE
SECULAR ORDER WILL NOT REFRAIN
FROM INTERFERING WITH IT."**

VEN. FULTON J. SHEEN

PROCESSIONAL HYMN:

Firmly I believe and truly,
God is Three and God is One;
And I next acknowledge duly,
Manhood taken by the Son.

And I trust and hope most fully,
In that Manhood crucified;
And each thought and deed unruly,
Do to death, as He has died.

Simply to His grace and wholly,
Light and life and strength belong;
And I love supremely solely,
Him the holy, Him the strong.

And I hold in veneration,
For the love of Him alone;
Holy Church as His creation,
And her teachings are His own.

And I take with joy whatever,
Now besets me, pain or fear;
And with a strong will I sever,
All the ties which bind me here.

OFFERTORY HYMN:

*Sub tuum praesidium confugimus,
Sancta Dei Genitrix:*

*Nostras deprecationes
ne despicias in necessitatibus:
Sed a periculis cunctis
libera nos semper.
Virgo gloriosa, et benedicta.*

*Let nothing disturb you,
nothing frighten you,
All things will pass away,
God never changes.
Patience obtains all things,
Whoever has God lacks nothing,
God alone suffices.*

COMMUNION HYMN:

*Adoro te devote, latens Deitas,
Quae sub his figuris vere latitas;
Tibi se cor meum totum subjicit,
Quia te contemplans, totum deficit.*

*Visus, tactus, gustus in te fallitur,
Sed auditu solo tuto creditur;
Credo quidquid dixit Dei Filius,
Nil hoc verbo veritatis verius.*

*O memoriale mortis Domini,
Panis vivus vitam praestans homini:
Praesta meae menti de te vivere,
Et te illi semper dulce sapere.*

*Jesu, quem velatum nunc aspicio, Oro,
fiat illud, quod tam sitio,
Ut te revelata cernens facie,
Visu sim beatus tuae gloriae. Amen.*

O Bread of Heaven!
Beneath this veil
Thou dost my very God conceal;
My Jesus, dearest treasure, hail!
I love Thee and adoring, kneel;
Each loving soul by Thee is fed,
With Thine own self in form of bread.

O Food of Life! Thou who dost give
The pledge of immortality!
I live; no, 'tis not I that live,
God gives me life, God lives in me:
He feeds my soul, He guides my ways,
And ev'ry grief with joy repays.

O Bond of love that dost unite
the servant to his living Lord;
Could I dare live and not requite
such love – then death were meet
reward: I cannot live unless to prove
some love for such unmeasured love.

Beloved Lord! In Heav'n above,
There, Jesus, Thou awaitest me,
To gaze on Thee with changeless love
Yes, thus I hope, thus shall it be;
For how can He deny me heav'n,
Who here on earth Himself hath given?

*Verily, verily, I say unto you:
except ye eat the flesh of the Son of man,
and drink his blood, ye have no life in you.
Who so eateth my flesh, and drinketh my
blood, hath eternal life; and I will raise
him up at the last day and I will raise him
up at the last day. For my flesh is meat
indeed, and my blood is drink indeed. He
that eateth my flesh, and drinketh my
blood, dwelleth in me, and I in him.*

RECESSIONAL HYMN:

Hail, Queen of heav'n, the ocean star,
Guide of the wand'rer here below;
Thrown on life's surge,
we claim thy care:
Save us from peril and from woe
Mother of Christ, star of the sea.
Pray for the wand'rer, pray for me.

O gentle, chaste, and spotless maid,
We sinners make our prayers through
thee; Remind thy son that he has paid
The price of our iniquity.
Virgin most pure, star of the sea,
Prayer for the sinner, pray for me.

Sojourners in this vale of tears,
To thee, blest advocate, we cry:
Pity our sorrows, calm our fears,
And soothe with hope our misery.
Refuge in grief, star of the sea,
Pray for the mourner, pray for me.

NEXT SUNDAY:**15th August 2021*****The Assumption of the
Blessed Virgin Mary***

*Apoc 11:19, 12:1-6,10; 1 Cor 15:20-26;
Lk 1:39-56;*

LITURGY ROSTER

Readers: K. Cheong, L. Ahio
Prayers of the Faithful: E. Shaw
Offertory: Drabble Family
Special Ministers: S. Molloy

CHURCH CLEANING ROSTER

La'akulu Family

SUNDAY CUP OF TEA ROSTER

Senior Legion of Mary

ANNIVERSARIES THIS WEEK

8 Aug: Graeme Clifton, Louis Boersma,
Stefan Bulog

9 Aug: Iris Whyte, Christina Matthews,
Mary Dunford, Wendy Poland

11 Aug: Agnes Hannah

12 Aug: Sharon Dally

13 Aug: Jean Lett, Caroline Morgan,
Patrick Sharp, Esperanza Jacinto

14 Aug: Patricia McDowall

PARISH FINANCES

Parish	\$2,156.87
Priests	\$1,078.43
Total AP's and Cash	\$3,235.30

HOLY FAMILY NOTICES

QUIZ NIGHT: Saturday 4th September –
Parish Quiz Night – start getting your team
of 8 together. The Latin Mass community
from St Anne's will join us.

FORMED: It is an online Resource Centre of
Catholic Formational videos. Formed has
hundreds of talks, presentations, courses,
and shows on a multitude of Catholic topics.
** FORMED is FREE for HOLY FAMILY
PARISHIONERS **
Please email hfparish@xtra.co.nz to obtain
the login details.

DIOCESAN NOTICES**"A Biblical Walk Through the Rosary"**

Part 2 happening this Sunday 8th of August
which is the Feast of St Dominic the
founder of the Rosary, at the Franciscan
Friary. Please sign up at
rosaryworkshopnz@gmail.com.
There is a small fee of \$15 for materials and
also for the afternoon tea provided.

**Birthday Celebration of our Blessed
Mother of Good Health, Vailankanni**
through Novena, Rosary and Mass in
honour of our from Monday 30th August to
8th September 2021 at 6.30pm (except
Sat/Sun when the celebration begins at
5.30pm) at St Mary of the Immaculate
Conception Church, 2134 Great North
Road, Avondale. For more information
contact Cynthia: 0210642157

*For more diocesan notices,
please check the noticeboard.*