



Holy Family Parish

4th Sunday of Lent - Year B -
Sunday 14th March 2021

FIRST READING : 2 Chronicles 36:14-16,19-23;

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy. Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.' And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: "Thus speaks Cyrus king of Persia, "The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."

RESPONSORIAL PSALM : Psalm 136(137):1-6;

R: *If today you hear his voice, harden not your hearts.*

Come ring out our joy to the Lord, hail the rock who saves us. Let us come before him giving thanks, with songs let us hail the Lord. *R:*

Come in, let us bow and bend low, let us kneel before the God who made us, for he is our God, and we the people who belong to his pasture, the flock that is led by his hand. *R:*

O that today you would listen to his voice! 'Harden not your hearts as at Meribah, as on that day at Massah in the desert, when your fathers put me to the test, when they tried me though they saw my work. *R:*

SECOND READING : Ephesians 2:4-10;

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ – it is through grace that you have been saved – and raised us up with him and gave us a place with him in heaven, in Christ Jesus. This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

GOSPEL : John 3:14-21;

Jesus said to Nicodemus: 'The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him. Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son. On these grounds is sentence pronounced: that though the light has come into the world men have shown they prefer darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed; but the man who lives by the truth comes out into the light, so that it may be plainly seen that what he does is done in God.'

THE LITANY OF HUMILITY

Lord Jesus. Meek and humble of heart,
Hear me.

From the desire of being esteemed,
Deliver me, Jesus.

From the desire of being loved,
Deliver me, Jesus.

From the desire of being extolled,
Deliver me, Jesus.

From the desire of being honoured,
Deliver me, Jesus.

From the desire of being praised,
Deliver me, Jesus.

From the desire of being preferred to others,
Deliver me, Jesus.

From the desire of being consulted,
Deliver me, Jesus.

From the desire of being approved,
Deliver me, Jesus.

From the fear of being humiliated,
Deliver me, Jesus.

From the fear of being despised,
Deliver me, Jesus.

From the fear of suffering rebukes,
Deliver me, Jesus.

From the fear of being calumniated,
Deliver me, Jesus.

From the fear of being forgotten,
Deliver me, Jesus.

From the fear of being ridiculed,
Deliver me, Jesus.

From the fear of being wronged,
Deliver me, Jesus.

From the fear of being suspected,
Deliver me, Jesus.

That others may be loved more than I,
Jesus, grant me the grace to desire it.

That others may be esteemed more than I,
Jesus, grant me the grace to desire it.

That, in the opinion of the world,
others may increase and I may decrease,
Jesus, grant me the grace to desire it.

That others may be chosen and I set aside,
Jesus, grant me the grace to desire it.

That others may be praised and I unnoticed,
Jesus, grant me the grace to desire it.

That others may be preferred to me in everything,
Jesus, grant me the grace to desire it.

That others may become holier than I,
provided that I may become as holy as I should,
Jesus, grant me the grace to desire it.

“Humility is not
thinking less of yourself,
it’s thinking of yourself
less.”



– C.S. Lewis

"My beloved, may every fall, even if it is serious and habitual sin, always become for us a small step toward a higher degree of perfection. In fact, the only reason why the Immaculate permits us to fall is to cure us from our self-conceit, from our pride, to make us humble and thus make us docile to the divine graces."

St Maximilian Kolbe

THE ROOT PRINCIPLE OF BIRTH-CONTROL IS UNSOUND. IT IS A GLORIFICATION OF THE MEANS AND A CONTEMPT OF THE END: IT SAYS THAT THE PLEASURE WHICH IS A MEANS TO THE PROCREATION OF THE CHILDREN IS GOOD, BUT THE CHILDREN THEMSELVES ARE NO GOOD. IN OTHER WORDS, TO BE LOGICAL, THE PHILOSOPHY OF BIRTH-CONTROL WOULD COMMIT US TO A WORLD IN WHICH TREES WERE ALWAYS BLOOMING BUT NEVER GIVING FRUIT, A WORLD FULL OF SIGN-POSTS THAT WERE LEADING NOWHERE. IN THIS COSMOS EVERY TREE WOULD BE A BARREN FIG TREE AND FOR THAT REASON WOULD HAVE UPON IT THE CURSE OF GOD.

– VENERABLE FULTON SHEEN –

– St. Padre Pio

"Always live under the eyes
of the Good Shepherd and you will walk
unharméd through evil pastures."

If God sends you many sufferings, it is a
sign that He has great plans for you and
certainly wants to make you a saint.

– St. Ignatius Loyola –

Abbot Gueranger
on unrepentant sinners...

"Offer up your penances and your almsgivings for them. Despair not; and remember that, each year, many straying sheep are brought to the fold by such intercession as this."

In your work, offer your difficulties and troubles quite simply to God ... and you will find that His blessing will rest upon you and on all you do.

ST. JOHN VIANNEY
AUGUST 4

"When you are insulted by someone or humiliated, guard against angry thoughts, lest they arouse a feeling of irritation, and so cut you off from love and place you in the realm of hatred." +St. Maximos the Confessor

"By the cross we know the gravity of sin and the greatness of God's love toward us."

- John Chrysostom

You must remember
TO LOVE PEOPLE AND USE THINGS,
RATHER THAN
TO LOVE THINGS AND USE PEOPLE.

- Venerable Fulton Sheen

HE WANTS
YOU ENTIRELY FOR
HIMSELF.

HE WANTS
YOU TO PLACE
ALL YOUR TRUST
AND ALL
YOUR AFFECTION IN
HIM ALONE.

- ST. PADRE PIO -

Fasting and self-control are a double wall of defense and whoever lives within them enjoys great peace.

St. Gregory Palamas
"In the Time of Fasting and Prayer"
(Homily 9)

'If we ourselves do not learn humility, God will not stop humbling us.'

Elder Thaddeus of Vitovnica

"Be not foolish, O my soul, and do not let the tumult of your vanity deafen the ear of your heart. Be attentive. The Word itself calls you to return, and with him is a place of unperturbed rest, where love is not forsaken unless it first forsakes."

ST. AUGUSTINE
The Confessions

Remember: The sinner who is sorry for his sins, is closer to God than the just man who boasts of his good works.

- St. Padre Pio -

PROCESSIONAL HYMN:

All ye who seek a comfort sure
In trouble and distress,
Whatever sorrow vex the mind,
Or guild the soul oppress:

Our Lord, who gave Himself for you
Upon the Cross to die,
Opens to you His sacred Heart;
O to that Heart draw nigh.

Ye hear how kindly he invites;
Ye hear His words so blest:
"All ye that labor come to Me,
And I will give you rest."

What meeker than the Saviour's
Heart?
As on the Cross He lay,
It did His murderers forgive,
And for their pardon pray.

O Heart, Thou joy of Saints on high,
Thou hope of sinners here,
Attracted by those loving words
To thee I life my prayer.

Wash thou my wounds in that dear
Blood, Which forth from Thee doth
flow; New grace, hew hope inspire, a
new and better heart bestow.

Y-ri- e * e-lé- i-son. iij. Christe e-lé- i-son. iij. Ký-ri- e e-lé- i-son. ij. Ký-ri- e * e-lé- i-son.

OFFERTORY HYMN:

God of Mercy and Compassion,
Look with pity upon me,
Father let me call Thee Father,
'Tis thy child returns to Thee.

*Jesus Lord, I ask for mercy;
let me not implore in vain;
All my sins, I now detest them,
never will I sin again.*

See our Saviour, bleeding, dying,
on the cross of Calvary;
To that cross my sins have nail'd
Him, yet bleeds and dies for me.

COMMUNION HYMN:

Though You are God,
with Father and the Spirit,
You did not cling to Your equality,
Emptied Yourself, became for us a
slave, and humbler yet,
You died upon a tree,
You give Your flesh that we be truly
fed, Your Risen Self, in form of lowly
bread.

To satisfy our hunger for Your love,
You come to us as flesh and blood
outpoured, and then to quench
your thirsting for our love,
You come again, as poorest of the
poor, that what we do to these
the least of brethren, we do to You,
our Saviour and our Lord.

Emmanuel, You're longing
to be with us, You bid us share
Your one true sacrifice, offer
ourselves, with You the Holy Lamb,
washed by Your Blood, you call us
into life, so fed by You,
made holy and made one.
We, now Your Body, for the world,
become.

RECESSIONAL HYMN:

Praise to the Holiest in the height,
and in the depth be praise;
in all his words most wonderful,
most sure in all his ways!

O loving wisdom of our God!
When all was sin and shame, a
second Adam to the fight and to the
rescue came.

O wisest love! that flesh and blood,
which did in Adam fail, should strive
afresh against the foe, should strive,
and should prevail.

And that the highest gift of grace
should flesh and blood refine: God's
presence and his very self, and
essence all divine.

O generous love! that he who smote
in man for man the foe, the double
agony in Man for man should
undergo.

And in the garden secretly, and on
the cross on high, should teach his
brethren, and inspire to suffer and
to die.

HOLY FAMILY NOTICES

Catechism Classes – will resume again
after the 9:30am Mass today.

Stations of the Cross- will resume on
Fridays during Lent at 7pm.

Parish Pledge System - Envelopes and Receipts: We will have the new set of envelopes available for collection on Sunday 21st March. The receipts will be available from Sunday 25th April. If you would like your receipt emailed to you, please email the Parish office hfparish@xtra.co.nz

NEXT SUNDAY:

21st March 2021

5th Sunday in Lent (Yr B)

Jer 31:31-34; Heb 5:7-9; Jn 12:20-33;

LITURGY ROSTER

Readers: R. Cardoza, J. Bright
Prayers of the Faithful: E. O'Brien
Offertory: Cardoza Family
Special Ministers: P. Vernon

CHURCH CLEANING ROSTER

Stowers – Subermani Family

SUNDAY CUP OF TEA ROSTER

Samoan Community

ANNIVERSARIES THIS WEEK

14 Mar: Donald Shaun Ah Loo
16 Mar: Ravindra Prasad
17 Mar: Sr. Genevieve, Mate Ulrich & Jim Lyons
18 Mar: Roe Atkinson, William Ewing
19 Mar: Roland Greenslade, Peter Cross
20 Mar: Rowland Gale

PARISH FINANCES

Parish	\$2,334.13
Priests	<u>\$1,167.07</u>
Total AP's and Cash	\$3,501.20

HOLY WEEK TIMETABLE

~ HOLY THURSDAY ~

1st April

The Mass of the Last Supper - 7pm

Adoration till 12am (Midnight) in Church

~ GOOD FRIDAY ~

2nd April

The Passion of Christ

Veneration of the Holy Cross

Stations of the Cross - 11am

Veneration of the Holy Cross - 3pm

~ HOLY SATURDAY ~

3rd April

Vigil of Light - 8pm

Please bring:

*a bell to ring during the Gloria
and a bottle for Holy Water*

**Please note: We are providing candles
this year.**

~ EASTER SUNDAY ~

4th April

The Resurrection of the Lord

8:00am Latin Mass

10:00am English Mass

***Please note: there is a change in Mass
time for Easter Sunday Only.**

~ Easter Week (Monday – Saturday) ~

All Masses at 9am