



# Holy Family Parish

2<sup>nd</sup> Sunday of Lent (Year A)

Sunday 8<sup>th</sup> March 2020

## FIRST READING : Genesis 12:1-4

The Lord said to Abram, 'Leave your country, your family and your father's house, for the land I will show you. I will make you a great nation; I will bless you and make your name so famous that it will be used as a blessing. 'I will bless those who bless you: I will curse those who slight you. All the tribes of the earth shall bless themselves by you.' So Abram went as the Lord told him.

## RESPONSORIAL PSALM : Psalm 32:4-5,18-20,22

℟. *Lord, let Your mercy be on us, as we place our trust in You.*

*The word of the Lord is faithful, and all His works to be trusted. The Lord loves justice and right, and fills the earth with His love. ℟.*

*The Lord looks on those who revere Him, on those who hope in His love. To rescue their souls from death, to keep them alive in famine. ℟.*

*Our soul is waiting for the Lord, the Lord is our help and our shield, May Your love be upon us O Lord, as we place all our hope in You. ℟.*

## SECOND READING : 2 Timothy 1:8-10

With me, bear the hardships for the sake of the Good News, relying on the power of God who has saved us and called us to be holy – not because of anything we ourselves have done but for his own purpose and by his own grace. This grace had already been granted to us, in Christ Jesus, before the beginning of time, but it has only been revealed by the Appearing of our saviour Christ Jesus. He abolished death, and he has proclaimed life and immortality through the Good News.

## GOSPEL : Matthew 17:1-9

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured: his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this, the disciples fell on their faces overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus. As they came down from the mountain Jesus gave them this order, 'Tell no one about the vision until the Son of Man has risen from the dead.'

*"It became obvious why Catholics had built such beautiful cathedrals and churches throughout the world. Not as gathering or meeting places for Christians. But as a home for **Jesus Himself** in the **Blessed Sacrament**. Cathedrals house Jesus. Christians merely come and visit Him. The cathedrals and churches architecturally prepare our souls for the beauty of the Eucharist."*

Allen R. Hunt  
Confessions of a Mega Church Pastor: How I Discovered the Hidden Treasures of the Catholic Church

FEBRUARY 23  
**SAINT POLYCARP**  
THE BEAUTY OF MY CATHOLIC FAITH  
BISHOP OF SMYRNA, APOSTOLIC FATHER & DISCIPLE OF SAINT JOHN THE EVANGELIST

**DID YOU KNOW A MIRACLE ON HIS MARTYRDOM?**  
The fire burst up in an arch around Polycarp, the flames surrounding him like sails, and instead of being burned he seemed to glow like bread baking, or gold being melted in a furnace. When the captors saw he wasn't being burned, they stabbed him. The blood that flowed put the fire out.

*"LET US WORK SO THAT WE CAN BE HAPPY IN TIME, BUT LET US NEVER FORGET THE SUBLIME END OF MAN, WHICH IS TO BE HAPPY FOREVER IN A BLESSED ETERNITY."*

-ST. JOHN BOSCO

"IF THINGS CREATED ARE SO FULL OF LOVELINESS,  
HOW RESPLENDENT WITH BEAUTY  
MUST BE THE ONE WHO MADE THEM!"

- ST. ANTHONY OF PADUA

"FOOLISH IS HE WHO FOLLOWS THE  
PLEASURES OF THIS WORLD, BECAUSE THESE  
ARE ALWAYS FLEETING AND BRING MUCH PAIN."

- BL. PIER GIORGIO FRASSATI

"HAPPY THE SOUL THAT IS DETACHED  
FROM SELF-SATISFACTION."

- ST. PAUL OF THE CROSS

"GOD DESIRES THE SMALLEST  
DEGREE OF PURITY OF  
CONSCIENCE IN YOU MORE  
THAN ALL THE WORKS YOU  
CAN PERFORM."

SAINT JOHN OF THE CROSS

"LORD, MAKE ME AN  
INSTRUMENT OF THY  
PEACE. WHERE THERE IS  
HATRED, LET ME SOW  
LOVE."

SAINT FRANCIS OF ASSISI

"A SINGLE SUNBEAM IS  
ENOUGH TO DRIVE  
AWAY MANY  
SHADOWS."

SAINT FRANCIS OF ASSISI

*Each of us  
is an  
Innkeeper  
who decides  
if there is room  
for Jesus.*

(see Luke 2:7)

# ST. THOMAS AQUINAS

*"Grant me, O Lord my  
God, a mind to know  
you, a heart to seek you,  
wisdom to find you,  
conduct pleasing to you,  
faithful perseverance in  
waiting for you, and a  
hope of finally  
embracing you. Amen"*

**"Socialism only works  
in two places: Heaven  
where they don't need  
it, and hell where they  
already have it."**

*Ronald Reagan*

"IT IS LOVE ALONE THAT  
GIVES WORTH TO ALL  
THINGS."

SAINT TERESA OF AVILA

Saint Francis de Sales



**"Every one of us needs  
a half hour of prayer  
every day, except when  
we are busy...then we  
need an hour."**

**St. Francis de Sales**

AZ QUOTES

## LENTEN PRACTICES THROUGH HISTORY

*Adapted from an article by Dr Taylor Marshall*

The Catholic Church has decreased the austerity of Lent over the centuries. Let's take a look at Medieval Lent.

Nota bene: These are the standards of the Roman Church. The Eastern Churches have had various disciplines by jurisdiction. For this article, we are focusing only on the Roman rules.

### 1. Duration?

46 days. 40 Days plus 6 Sundays in the Roman Church.

### 2. Fasting rules?

- a. Ash Wednesday and Good Friday were black fasts: no food at all.
- b. No food from waking until 3pm (the hour when Christ died). This practice of fasting till 3pm goes back to the 5th century (see Socrates' Church History V.22).
- c. No animal meat or fats (no lard).
- d. Fish was allowed.
- e. No eggs.
- f. No lacticinia or "dairy products": milk, cheese, cream, and butter. However, Catholics of the British Isles before the arrival of Saint Augustine of Canterbury were still consuming dairy products and perhaps eggs during Lent. Roman influence brought this to an end.
- g. Wine and beer were allowed.
- h. Medieval Europeans during Lent subsisted on bread, vegetables, and salt.
- i. No sexual intercourse between spouses. Pagan kings were pretty annoyed to learn about this after they married Catholic princesses.
- j. No Sundays off. All these rules apply for 46 days. The 6 Sundays in Lent were relaxed liturgically (less penitential), but the fasting and abstinence were not relaxed on Sundays.
- k. For the Good Friday black fast, many would begin fast from Maundy Thursday night till about noon on Saturday. The Easter Vigil was usually celebrated about noon on Holy Saturday and this ended the Lenten fasting officially.

### 3. Was it Changed?

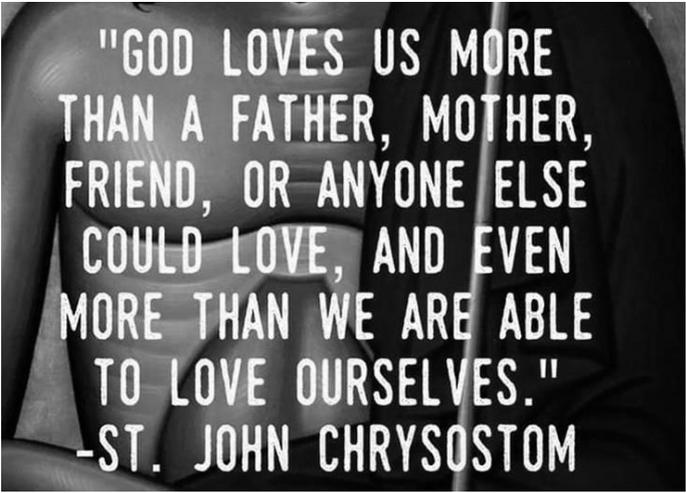
- a. Breaking the no food fast before 3pm began to creep in as early as AD 800. The reason we English speakers call 12pm "noon" is because the liturgical recitation of nones ("ninth hour" or 3pm in Latin) was moved up by hungry monks more and more until nones (3pm) was celebrated as early as 12pm so that they could break fast and eat lunch!
- b. In Germany, dispensations were given for consuming lacticinia or dairy products based on payment or performing good deeds. In honesty, wealthy people simply paid a fee to the diocese, and were allowed to serve and eat dairy in their homes during Lent. It was a popular "fundraising technique" by (German!) bishops.
- c. Dinner snacks were allowed at the time of reading Cassian's book *Collationes* and so this snack became known as a "collation" - the term we still use today for a snack during fasting.
- d. With the advent of tea and coffee, it became allowable to have tea or coffee in the morning and this was considered as not violating the fast before nones.
- e. Over time, papal indulgences allowed meat on Sundays and then to other days of the week until only Friday remained "meatless."

### 4. What are the practices today?

Pope Paul VI's 1966 Apostolic Constitution of Paenitemini changed Lenten practice to what it is today:

- No meat (only fish) allowed on Fridays in Lent.
- 1 meal and 2 collations (snacks) allowed on Ash Wednesday and Good Friday.

**FOR NEW ZEALAND:** The Bishops in NZ have legislated that *Abstinence from Meat* and *Fasting* is required **only** on Ash Wednesday and Good Friday. All other Fridays - including the other Fridays of Lent - **are Days of Penance**, meaning no fasting or abstinence is mandatory, but acts of penance (giving up certain things or doing extra things) should be done by all the faithful. The exception is when a solemnity (not a feast day) is on a Friday.



"GOD LOVES US MORE THAN A FATHER, MOTHER, FRIEND, OR ANYONE ELSE COULD LOVE, AND EVEN MORE THAN WE ARE ABLE TO LOVE OURSELVES."  
-ST. JOHN CHRYSOSTOM

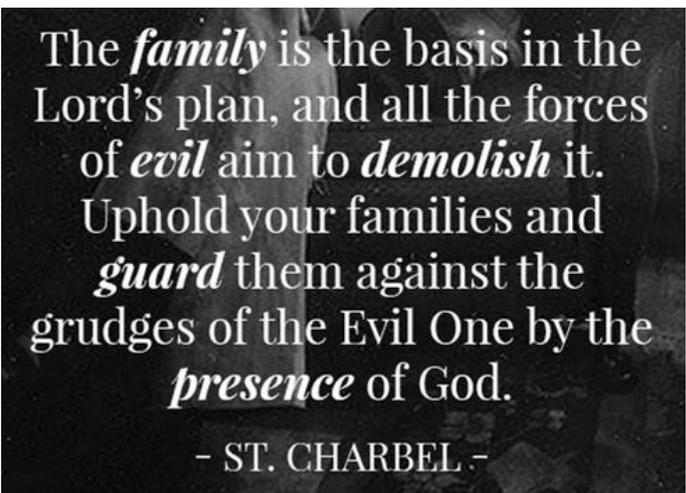
### Early Church Fathers on Infant Baptism

- **Hippolytus:** "Baptize first the children, and if they can speak for themselves let them do so. Otherwise, let their parents or other relatives speak for them" (The Apostolic Tradition 21:16 [A.D. 215])
- **Origen:** "The Church received from the apostles the tradition of giving baptism even to infants. The apostles... knew there are in everyone innate strains of [original] sin, which must be washed away through water and the Spirit" (Commentaries on Romans 5:9 [A.D. 248]).



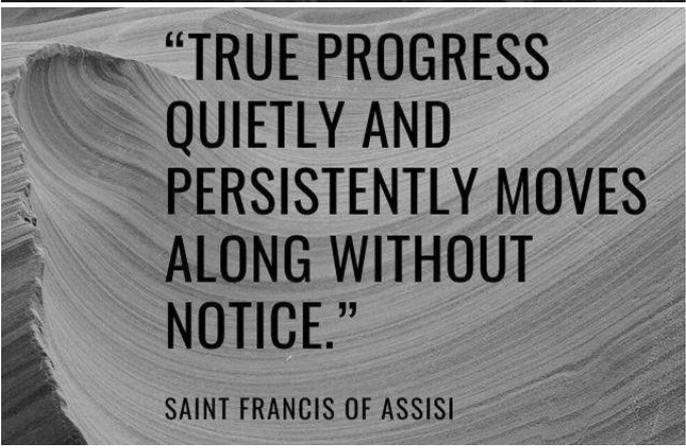
"TRUST AND TRUST ALONE SHOULD LEAD US TO LOVE"

SAINT THÉRÈSE DE LISIEUX



The *family* is the basis in the Lord's plan, and all the forces of *evil* aim to *demolish* it. Uphold your families and *guard* them against the grudges of the Evil One by the *presence* of God.

- ST. CHARBEL -



"TRUE PROGRESS QUIETLY AND PERSISTENTLY MOVES ALONG WITHOUT NOTICE."

SAINT FRANCIS OF ASSISI

**PROCESSIONAL HYMN:**

The glory of these forty days  
we celebrate with songs of praise;  
for Christ, through whom  
all things were made,  
himself has fasted and has prayed.

Alone and fasting Moses  
saw the loving God  
who gave the law; and to Elijah,  
fasting came the steeds  
and chariots of flame.

So Daniel trained his mystic sight,  
delivered from the lions' might;  
and John, the Bridegroom's friend,  
became the herald of Messiah's name.

Then grant us, Lord, like them to be  
full oft in fast and prayer with thee;  
our spirits strengthen with thy grace,  
and give us joy to see thy face.

O Father, Son, and Spirit blest,  
to thee be every prayer addressed,  
who art in threefold Name adored,  
from age to age, the only Lord.

**OFFERTORY HYMN:**

Praise, my soul, the King of heaven;  
to his feet thy tribute bring;  
ransomed, healed, restored, forgiven,  
evermore his praises sing:  
Praise Him! Praise Him!  
Praise Him! Praise Him!  
Praise the everlasting King.

Praise him for his grace and favour  
to our fathers in distress;  
praise him still the same forever,  
slow to chide and swift to bless:  
Praise Him! Praise Him!  
Praise Him! Praise Him!  
Glorious in his faithfulness.

Father like, he tends and spares us;  
well our feeble frame he knows;  
in his hand he gently bears us,  
rescues us from all our foes.  
Praise Him! Praise Him!  
Praise Him! Praise Him!  
Widely yet his mercy flows.

Angels, help us to adore him;  
ye behold him face to face;  
sun and moon bow down before him,  
dwellers all in time and space.  
Praise Him! Praise Him!  
Praise Him! Praise Him!  
Praise with us the God of grace.

**COMMUNION HYMN:**

All ye who seek a comfort sure  
In trouble and distress,  
Whatever sorrow vex the mind,  
Or guild the soul oppress:

Our Lord, who gave Himself for you  
Upon the Cross to die,  
Opens to you His sacred Heart;  
O to that Heart draw nigh.

Ye hear how kindly he invites;  
Ye hear His words so blest:  
"All ye that labor come to Me,  
And I will give you rest."

What meeker than the Saviour's Heart?  
As on the Cross He lay,  
It did His murderers forgive,  
And for their pardon pray.

O Heart, Thou joy of Saints on high,  
Thou hope of sinners here,  
Attracted by those loving words  
To thee I life my prayer.

Wash thou my wounds in that dear  
Blood, Which forth from Thee doth flow;  
New grace, hew hope inspire, a new and  
better heart bestow.

**RECESSIONAL HYMN:**

Praise to the Holiest in the height,  
and in the depth be praise;  
in all his words most wonderful,  
most sure in all his ways!

O loving wisdom of our God!  
When all was sin and shame, a second  
Adam to the fight and to the rescue  
came.

O wisest love! that flesh and blood,  
which did in Adam fail, should strive  
afresh against the foe, should strive,  
and should prevail.

And that the highest gift of grace  
should flesh and blood refine: God's  
presence and his very self, and essence  
all divine.

O generous love! that he who smote in  
man for man the foe, the double agony  
in Man for man should undergo.

And in the garden secretly, and on the  
cross on high, should teach his  
brethren, and inspire to suffer and to  
die.

**HOLY FAMILY NEWS**

**Stations of the Cross:** Every Friday  
during Lent.

**Parish Pledge System - Envelopes  
and Receipts:** We will have the new  
set of envelopes available for  
collection on Sunday 22<sup>nd</sup> March.  
The receipts will be available from  
Sunday 26<sup>th</sup> April. If you would like  
your receipt emailed to you, please  
email the Parish office  
hfparish@xtra.co.nz

**Easter Flower Raffle:** Tickets are  
\$2 per ticket or 3 tickets for \$5.

**Altar Server Practise for Easter:**  
Palm Sunday practise is Saturday  
4th April from 4pm to 5pm.

**Youth Group:** Every 2<sup>nd</sup> and  
4<sup>th</sup> Friday in the Bugler Centre from  
7pm - 9pm. For more information  
call Danielle 0212506318

**NEXT SUNDAY:****15 March 2020****3<sup>rd</sup> Sunday of Lent (Yr A)***Ex 17:3-7; Rom 5:1-2, 5-8; Jn 4:5-42;***LITURGY ROSTER**

**Readers:** C. Tagiilima, M. Tagiilima  
**Prayers of the Faithful:** K. Cheong  
**Offertory:** Tagiilima Family  
**Special Ministers:** M. Tupai

**CHURCH CLEANING ROSTER**

Leifi Family

**SUNDAY CUP OF TEA ROSTER**

Samoan Community

**ANNIVERSARIES THIS WEEK****8 Mar:** Jack O'Sullivan, Wilfred Cross**9 Mar:** Eileen Tolines, Frana Divich,  
Patricia Wyrill, Eileen Townes**10 Mar:** Isobel Glynn, Jack Waitapu,  
Lois Sumich, Rosaline Corkill**11 Mar:** Bernadette Williams,  
Melva Molloy**12 Mar:** Joyce Fitzgerald, Terry Fitzgerald  
and Kathleen Bonner.**PARISH FINANCES**

<b>Parish</b>	\$1,270.60
<b>Priests</b>	<u>\$635.30</u>
<b>Total Cash</b>	<b>\$1,905.90</b>

**DIOCESAN NEWS**

**Candlelight Vigil praying for healing,  
mercy, and life.** Join us for a peaceful  
prayer vigil on Sunday 15 March at 7:30pm  
outside the local abortion centre,  
AMAC. This is a meaningful way to pray for  
an end to abortion, remember those who  
have died, those who have been wounded  
by abortion, and to be a sign of hope. The  
vigil is part of the 40 Days for Life prayer  
effort. All welcome. For more information  
phone Michelle 027 526 1199 or visit  
[fli.org.nz/40daysforlife](http://fli.org.nz/40daysforlife)

**Lenten Retreat in Auckland  
(DRCNZ)** led by Fr Michael Payyapilly VC  
from DRC, Potta for 2 evenings, Monday  
16th and Tuesday 17th March - 7 to  
9.00p.m. at Christ the King Church, 260  
Richardson Road, Owairaka, Auckland. For  
further details please contact: Website:  
[www.drcnewzealand.org](http://www.drcnewzealand.org)

**Prayer for healing and miracles.**  
Everyone is invited to a Healing Service  
with Father John Rea SM on Saturday  
March 21st, 9.30am - 12 ish at Sacred  
Heart Church, 16 Vermont St, Ponsonby.  
Praise and worship and teaching followed  
by prayer for healing. Note: This service  
does not include mass.

Info: Deidre Broome 09 4108899  
**St Patrick's Day High Tea at the  
Cathedral.** in Liston Hall. 1 pm, Tuesday,  
17th March. Tickets are \$35 and are  
available for sale at The Square Gift Store,  
cash preferred. Tickets are strictly limited.